

EuroPerio10 brought together an amazing diversity of over 130 speakers from around the world. (© EFP)

Younger and more dynamic and exciting than ever before

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Copenhagen delighted visitors to this year's EuroPerio—both with its location and beautiful weather. From 15 to 18 June, attendees were offered an engaging programme covering innovations and proven classics of the dental industry. A leading global congress for periodontics and implantology, EuroPerio once again pleased visitors and industry participants alike.

EuroPerio10 promised to be one of the best events in the history of the European Federation of Periodontology (EFP), which organises the meeting, and this expectation was realised: this year's congress was considered by both visitors and industry participants to be the most exciting yet. Prof. Phoebus Madianos, chair of EuroPerio10, said: "EuroPerio attracts the best speakers, scientists and clinicians from around the world to the Olympic Games of dental congresses." This fosters experiences for all participants that will have a lasting impact on the entire dental world.

In a similar spirit of enduring influence, the organisers decided to hold the congress in the most sustainable city in Europe and incorporated sustainability in the event on many levels. Instead of receiving the traditional programmes distributed on-site, all participants could download a free congress app with all the information about the event, reducing paper use by 50% compared with EuroPerio9. In addition, all participants received a free ticket for public transport, and only local and seasonal food was served.

Marking EuroPerio's 30th anniversary, the tenth edition attracted more than 7,000 participants from 110 countries, and the proportion of younger attendees was noteworthy: 66% of the participants were under 45 years old and 33% under 35 years old. Original research was presented in more than 900 scientific abstracts during the congress.

There were 41 scientific sessions on emerging topics of interest to practitioners, researchers and academics, presented by over 130 high-profile speakers from more than 30 countries.

The research covered a wide range of topics, including new areas of study, such as the role of artificial intelligence in the diagnosis and treatment of periodontitis. New findings on areas already studied were also presented, including the long-term outcomes of periodontal treatment and the associations between periodontal disease and heart disease, diabetes, premature birth and lung function.

A significant highlight of the EuroPerio10 programme was the presentation of the first European guideline on the treatment of Stage IV periodontitis. Commenting on this, EFP President Prof. Andreas Stavropoulos said, "The EFP is the global benchmark in periodontal health and disease. The EFP's main mission is to raise awareness of the importance of periodontal disease and health, and our motto is periodontal health for a better life. This is what we communicate to society and policymakers so that we can influence decision-making and improve oral health."

He concluded by saying, "Our main educational event is EuroPerio, and this edition has attracted a very young audience, [...] we look forward to seeing the dental community again at EuroPerio11 from 14 to 17 May 2025 in Vienna in Austria."

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