



The BDIZ EDI patient brochure available for dental practices

Long-lasting implants for long-lasting beauty

Dental implants are designed to last—functionally, aesthetically, and biologically. But long-lasting beauty requires long-lasting care. To support dental practices in educating their patients, the BDIZ EDI offers the comprehensive English-language brochure *Long-lasting implants for long-lasting beauty*, available for purchase through the BDIZ EDI website.

This brochure provides patients with clear, accessible, and scientifically grounded guidance on how to care for their implants from day one. It translates complex implantological knowledge into practical everyday advice—helping patients protect their investment and maintain oral health for years to come.

A brochure built around patient needs

The BDIZ EDI brochure covers all essential aspects of implant maintenance, from basic explanations to detailed care instructions. It begins with a simple question: what is a dental implant? From there, it guides patients through the biological principles of oral hygiene, the risks of inadequate cleaning, and the specific requirements of implant care.

The sample text highlights a central message: “Dental plaque is home to numerous bacteria... Severe inflammatory conditions such as periodontitis or peri-implantitis pose a significant risk for bone loss and may cause the loss of the tooth or implant.” This clear warning helps patients understand why implant care must go beyond normal toothbrushing routines.





Why normal oral hygiene is not enough

One of the brochure's strengths is its honest explanation of limitations. As the sample states:

"Toothbrushes (even the most futuristic electric ones) cannot clean the teeth everywhere because they do not get into the interdental spaces."

Patients learn that interdental cleaning is not optional—it is essential. The brochure introduces tools such as interdental brushes, special implant floss, and toothpicks, explaining their purpose and correct use. It also clarifies that oral irrigators may support hygiene but cannot replace mechanical cleaning.

Step-by-step guidance for every implant situation

The brochure provides tailored instructions for:

- Single-tooth implants
- Fixed implant-supported dentures
- Removable implant prostheses

Each section explains what patients should do daily, what to avoid, and how to recognise early signs of inflammation.

It also includes practical advice for the first days after surgery—an area where patients often feel uncertain.

Understanding risks and prevention

The BDIZ EDI brochure goes beyond daily care. It explains:

- Why implants need a healthy biological environment
- What peri-implantitis is and how it develops
- Which risk factors increase the likelihood of complications
- How often patients should visit their dentist for check-ups

This empowers patients to take responsibility for their implant health and to understand the long-term partnership between patient and dental practice.

A practical checklist and service section

To make implant care even easier, the brochure includes:

- A checklist for patients to evaluate their implant health
- A service section with additional guidance and reminders

These tools help patients stay consistent and confident in their daily routines.

Ideal for patient education in modern dental practices

Long-lasting implants for long-lasting beauty is designed as a practical companion for patients—clear, friendly, and scientifically accurate. Dental practices can use it:

- As a handout during implant consultations
- As postoperative guidance
- As part of long-term implant maintenance programmes
- As an educational resource for hygiene appointments

The brochure strengthens communication, improves patient compliance, and supports long-term implant success.

Available for purchase on the BDIZ EDI website

Dental practices can order the English-language brochure directly through the BDIZ EDI online shop. Minimum order 10 each = total of €25,00 (members) and €30,00 (non-members). It is an excellent addition to patient education materials and reflects the association's commitment to high-quality, evidence-based implantology: www.bdizedi.org/shop.