

IDSS 2011







A Dental Experience to Remember: International Dental Summer School 2011

TEXT: Esti Riyanda Astuti

International Dental Summer School 2011 (IDSS) is the second generation of captivating Summer School organized by Dental School of Muhammadiyah University of Yogyakarta, Indonesia. The program is combining academic and clinical activity. The aims of IDSS are to broaden students' knowledge in dental health care in Indonesia and to let International students gain practical experience in dentistry that we have.

What you can learn and do

In a developing country everyone can witness the impact of poverty on dental health and that in conclusion the quantity and quality of dental morbidity is way higher than we find in western countries. IDSS allows the participants to perform subjective and objective examination, diagnose and treatment in modified problem-based learning systems. There are two major programs that IDSS offers. The first is the educational program that consist of activities in university, clinical visits and voluntary work. The second one is a non-educational program with some intercultural activities and city tours. IDSS has already arranged a program in three weeks with different topics each week. Preventive and promotive/prophylaxis dentistry for the 1st week is followed by curative and rehabilitative dentistry (ART and LSTR 3 Mix MP) and herbal medicine and acupuncture. The educational program requires some layers of education which start with the class and are followed by tutorial discussion, skill lab activity, clinical visits and voluntary work, and end with case report presentation.

Helping people with voluntary work

The main clinical activity of International Dental Summer School 2011 was voluntary work. The activity was conducted in a village that indeed has a high number of cases. The participants worked on some divisions based on the operator's chart

such as sterilization, physical examination, operator assistance, prescription, and public dissemination (to do such fun dental education with villagers), curative treatment (atraumatic restorative treatment, lesion sterilization and tissue repair (LSTR) 3 Mix MP and extraction). The activities were all actually the extension of skill lab activity in which, after getting the basic knowledge and skill training, the students were expected to become all-capable to do anything required in voluntary work.

What happened at IDSS 2011

There were 12 participants attending the IDSS 2011. They came from Poland, Taiwan, Czech, Slovakia, Denmark, Finland, and Turkey. All participants had accomplished the educational program very well. It's really great to see their enthusiasm and excitement about the program. For the detail of IDSS 2011 itself, IDSS 2011 had two new programs. The first was the Village Day, which let participants experience how to be Indonesian villagers. The participants did the same activities that the local villagers do. The tour around the village was prior to other activities. This was continued by villager's activities such as rice field digging, traditional game and sport, fish farming, bathing the cows, planting the corn and so forth. In the nighttime, the participants and the committee members slept in villager's houses and socialized



with the people surrounding them. The second new program was social work and a trauma healing project that was conducted in a shelter of Merapi volcanic refugees. The purpose of this project was

to heal the psychological trauma of the refugees and also to perform social work for the local government. Besides the educational program, IDSS 2011 also offered a non-educational program that consists of a city tour and intercultural activities like international expo and international dinner. On the city tour, both participants and some committee members visit famous tourism objects that have historical value, like Borobudur Temple, Prambanan Temple, Vrederburg Fortress, Tamansari Watercastle, Sultan Palace, Ramayana Ballet and also the clay arts center in Kasongan and the silversmith center in Kota Gede. The participants also go to some beaches, like Parangtritis, Krakal, Baron and Kukup and in the afternoon all participants and committee members can enjoy the barbecue party at the beach. IDSS 2011 also offered rafting, tropical camping and outbound this year.

What comes in 2012?

We will have the same International Dental Summer School program next year in July 2012. The application period has started and will end on the 11th of May 2012. The Educational Program costs 380€ including hotel, transportation, breakfast and lunch, and official parties (this doesn't include travelling costs, visa and tour). The Social Program will cost about 100€. The maximal quota are 25 participants.





For more information, please contact us on:

- idss2012@yahoo.com and
- our official facebook account at IDSS MUY.

Or contact Esti Riyanda Astuti, SKG as the Executive Steering Committee Chief :

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We would like to welcome you next summer. Get the application form, fill it and send it back to us via e-mail:

- idss2012@yahoo.com.

Get ready to experience a dental experience to remember!

// INFO //



Esti Riyanda Astuti is a young dentist in final internship, Executive Steering Committee Chief of International Dental Summer School of Muhammadiyah University of Yogyakarta and also IDRPs Local Scientific Officer. Her biggest passion is the public healthcare system, epidemiological research and voluntary work.

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