

# Straight teeth in less time

Dr Andy Denny explains how General Dentists can offer patients a transformed smile in just six months

■ Demand from the public for an improved smile is on the increase. More of our patients are aware that having a

of teeth for crowns and veneers can have a significant biological and financial cost. Many also have objections to



Within the dental community and among orthodontists, fixed braces are widely recognized as the most effective and efficient method of straightening teeth, giving the most predictable result. The Six Month Smiles Short-Term Orthodontic System is a system designed specifically for General Dentists to meet the needs of patients who have crooked, misaligned or spaced teeth. Most cases can be completed in an average of just six months, using unique clear braces and tooth colored wires. The system, like aligners, is cosmetically focused—it is not a replacement for conventional orthodontics. The goals of treatment are not as comprehensive but it provides an alternative for adults who have declined conventional orthodontic treatment.

The short treatment times are possible for two primary reasons:

- Cosmetically focused treatment goals
- Unique and specific brackets and wires.

The short-term orthodontic brack-

ets are pre-positioned at the Six Month Smiles case processing facility and placed in clear bonding trays. This makes bracket placement extremely fast, predictable and comfortable. The Six Month Smiles System utilizes tooth colored archwires and clear brackets, both of which are very patient-friendly because they are barely visible. These inconspicuous appliances, together with the short treatment times, overcome the usual objections patients have when considering traditional orthodontic therapy.

The Six Month Smiles Patient Tray Kits™ contains all the brackets, wires and accessories a dentist requires to complete a particular patient's treatment. This systemized aspect of the process makes it remarkably easy for General Dentists to implement, regardless of their orthodontic experience.

Many treatments are possible using the Six Month Smiles System.

It can be used to:

- Alleviate crowding, overlapped, rotated teeth and high canines
- Correct anterior cross bites
- Close spaces
- Treat open bites of dento-alveolar origin
- Level the gingival zeniths
- Treat deep bites
- Over-erupt teeth destined to be replaced with implants to increase the bone available for placement
- Provide rounded arches, free of crowding, for future veneer preparation.

However, Six Month Smiles is not generally used to treat the following conditions:

- Correction of molar relationships and posterior bite discrepancies
- Large open bites and those of skeletal origin
- Bilateral cross bites
- Midline discrepancies.

Offering Six Month Smiles treatment has many advantages. Most importantly, it is a treatment that patients are keen to have and many of your current patients would most likely benefit from it. It also helps to promote further cosmetic dentistry—veneers require minimal or no preparation when placed on aligned teeth compared to crowded



great smile is no longer restricted to celebrities. However, they are also increasingly aware that the preparation

conventional orthodontic treatment, due to the visibility of braces and lengthy treatment times.

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teeth. It is typically more economical for the patient than conventional orthodontics and, for dentists, it is an enjoyable and satisfying treatment to perform.

Six Month Smiles offers regular clinical training, through two-day hands-on seminars. Even General Dentists with no previous orthodontic experience can leave a seminar with the confidence and knowledge needed to select the proper cases and treat them appropriately. Advanced level training and clinical support are also offered together with a complete package of marketing materials, tools and accessories. ◀

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