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Dental implantology has experienced a substantial change in the last 25 years. The treatment spectrum has been significantly expanded; simultaneously, our patients' expectations and demands in implant treatment have developed disproportionately. In addition, implant dentistry now is also an integral part of everyday dental practice. In spite of the growing importance of oral implantology, most dentists receive their education in implant dentistry after graduation with only little emphasis on the complexity and risks of implant treatment. Providing our patients with quality implant treatment motivates us to give the best our profession has to offer. This does however not imply that our treatments must be perfect to 100 per cent, since perfection such as this does not exist in the practice of implant dentistry. Instead, we must strive to achieve the best we can do for our patients. We need to work either as individuals or as members of a team to assure that implant treatment is safe, effective, and aesthetically acceptable. We can all play a part in providing quality dental implant treatment by being there for the patient with skills that are attained by proper education, experience, and counsel from those who have gained the necessary skills, knowledge, and judgment.

For 42 years, DGZI has organized its annual conferences in order to inform about scientific insights and "truths" established by research and evidence-based clinical observations. Not only for novice clinicians is attaining the proper education a continuing process, but it is also an ongoing enterprise for the highly experienced clinician. New developments occur with each passing day. Therefore, providing the best we can do for our patients and profession becomes an impossible task if we keep our blinders on and persist in our practice as we did yesterday. As early as the beginning of the 1990s did DGZI begin to administer an examination for particularly qualified colleagues, allowing them to both revise and prove their knowledge and skills to the advantage and the safety of their patients. The Curriculum Implantology was established as a systematic education for the newcomers as well as for the experienced implantologist. Some thousand colleagues have since passed the education successfully. A subsequent master studies postgraduate program can be attended additionally for more theoretical skills. In addition, a specialist and German board (GBOI) international examination was established by DGZI for clinicians who want to have their theoretical and practical experience tested by an international examination board. One of this year's DGZI highlights will be our International Annual Meeting in Hamburg from 5 to 6 October titled "Quality Oriented Implantology—Ways to Long-Term Success". Complex situations in dental implantology and the digitalization of surgery and prosthetics are discussed, along with a periimplantitis special session and discussion. Take your chance and register for the meeting as well as the German board and specialist examination. You can request more information from our central office in Düsseldorf (Tel. +49 211 1697077). I invite you all to join us and enjoy Hamburg where it is most beautiful, directly located on the Elbe River—at the heart of the harbour! Indulge in new culinary creations and an unforgettable atmosphere, combining state-of-the-art scientific meeting with maximum relaxation. Sincerely Yours,

To know when to do!
To know when not to do!

Dr Rolf Vollmer
1st Vice president of DGZI
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Rehabilitation of a complex case with zirconium dental implants

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Introduction

For several decades, dental implants have largely been used for the rehabilitation of completely and partially edentulous ridges with success. For this reason, implant dentistry has been the object of numerous investigations to further improve the effectiveness of this kind of device. Titanium is the material most often utilised for dental implants because of its favourable properties, such as its biocompatibility. However, aesthetic concerns may arise when restoring anterior teeth owing to the grey colour of this metal.

For this reason, new techniques and materials were developed to achieve better aesthetics, such as ceramic (zirconium) abutments and metal-free restoration. These prosthetic devices have already achieved assessable results. There are, however, some situations, resulting from a thin gingival biotype or incorrect tri-dimensional implant positioning, in which zirconium abutments and crowns are not able to obtain optimal aesthetics.

Many authors have attempted to solve these problems by coating titanium dental implants with white material such as ZrO₂ and Al₂O₃. While the popularity of coating has increased, its use has remained controversial. Concerns have been raised owing to problems such as the dissolution and cracking of coatings, as well as the separation of coatings from metallic substrates, a phenomenon referred to as "delamination".

For the same purpose, Al₂O₃ implants have been tested in various clinical studies since the 1970s. They were commercialised in France, Germany, Japan and the USA. Among them, Tubingen implants are probably the most well known ceramic implants. These im-
plants were soon abandoned because of frequent implant fractures, mobilisation, loss of osseointegration and peri-implant bone loss. Most of these problems probably occurred owing to the inadequate mechanical characteristics of Al₂O₃.¹³,¹⁴

More recently, ZrO₂ has been introduced to dentistry for its good mechanical properties and high bio-compatibility, combined with excellent aesthetics. While ZrO₂ has been largely used and documented in prosthetic dentistry, only few studies have reported clinical experiences with zirconium implants.¹⁵,¹⁶

The aim of this article is to present a five-year follow-up study of a complex implant-prosthetic rehabilitation with ZrO₂ dental implants.

**Case report**

A 55-year-old male patient presented with partial edentulism in the left maxilla in regions 21 to 26 at the Department of Oral Surgery at the Dental Clinic at the University of Milan. The patient was in general good health and a non-smoker. However, lately he had had financial difficulties that had led to him taking inadequate care of his oral health and consequently losing teeth. After professional hygiene and oral hygiene instructions, the patient was re-evaluated for an implant-prosthetic rehabilitation. His edentulism was complex owing to the lack of numerous teeth and because the alveolar process had undergone moderate resorption. Yet, it was sufficient to insert four dental implants. There was no need for an augmentation procedure and the predictable level within the gingival marginal profile was not considered a problem because of the patient’s low smile line (Figs. 1 & 2).

After a diagnostic wax-up, the surgical guide was created. A mucoperiosteal flap was raised with a vertical releasing incision distal to tooth 1.2. Four one-piece yttria-stabilised ZrO₂ (YSZ) implants (whiteSKY, bredent) were inserted. Two 4 x 12 mm implants were positioned in regions 2.1 and 2.3, and two 4.5 x 12 mm implants in regions 2.5 and 2.6 (Fig. 3). After the implant sites had been prepared, implant insertion was performed using a surgical contra-angle handpiece and then a dynamometric key, at a maximum torque of 40 N. The fixtures were screwed in until the sanded surface reached the bone crest level, leaving the polished part untreated at transgingival level. A heterologous bone graft (Bio-Oss, Geistlich Pharma), together with a double layer resorbable membrane (Bio-Gide, Geistlich Pharma), was positioned on the implant placed in region 2.1 because of the thin cortical wall and to reduce bone resorption. A sinus lift was performed using Summers’ osteotome technique to insert the implant with an adequate length (12 mm) in region 2.6 (Figs. 4–7). The flaps were sutured with non-absorbable 4.0 monofilament (Premilene, B. Braun). The removable partial denture was adapted in order to avoid any contacts with the implants.

The patient was prescribed a soft diet, antibiotic therapy with 1 g amoxicillin and clavulanic acid (Laboratori Eurogenerici) every eight hours for seven days and a 0.2 % chlorhexidine mouth rinse (Corsodyl, GlaxoSmithKline) twice a day for 15 days. The patient attended a follow-up visit ten days later. The sutures were then removed and the implant stability was checked. The supra-gingival portion of the one-piece zirconium implant was minimally prepared with ETERNA burs (bredent) to achieve parallelism of the implant axes. Then the partial denture was replaced with a temporary acrylic resin bridge to enhance soft-tissue healing and guide the gingival profile (Fig. 8). In the temporary phase, particular attention was given to occlusion to ensure centric contact that was as light as possible and to avoid contacts in eccentric movements.

After four months, the temporary bridge was removed. Implant stability, probing depth and gingival health were examined. Furthermore, the occlusal surface of the temporary restoration was modified and
the implants were loaded. Six months after surgery, the YSZ implants were definitively restored with a ZrO₂ bridge. A light-pink ceramic layer was applied to the marginal areas of regions 2.1 to 2.3 to better support the upper lip and limit the width of the interdental space (Fig. 9).

Follow-up appointments were scheduled for six months after prosthesis delivery and thereafter once a year. Periodontal indices were measured and standardised peri-apical radiographs were obtained. The plaque index and bleeding on probing scores were 1, except at the last follow-up. No implants had probing depth values of less than 5 mm. Mobility was not present at any site. No pain (spontaneous or on percussion) or paraesthesia was reported. From baseline to five years after surgery, radiographical evaluation observed the absence of peri-implant radiolucency and no implant exhibited marginal bone resorption at any follow-up (Figs. 10 & 11).

_Discussion_

Titanium dental implants have proved to be highly successful in replacing missing teeth. Several studies have demonstrated the successful osseointegration of this material and its use for restoration in patients with partial or total edentulism. In recent years, numerous studies have focused on the development of implant surfaces to ensure better and faster osseointegration and to re-establish masticatory function in a shorter period. Although excellent results have been obtained in the maxillary anterior region by several clinicians, aesthetics remains a challenge for implant dentistry.

Titanium implants are of a grey colour, which can shine through gingival tissue, particularly in thin biotypes or in patients with a high smile line. Moreover, it must be considered that soft tissue around dental implants may shrink or develop gingival recession, or that peri-implantitis may occur, thus compromising the overall treatment outcome, particularly if treatment entails an aesthetic region.

In recent years, several solutions to this problem have been proposed. Various authors have suggested placing implants 3 to 4 mm apical to the cemento-enamel junction or free gingival margin of adjacent teeth, considering that soft-tissue margins around implants tend to re-establish a biological width. Implants positioned too far apically in an attempt to establish appropriate biological width can cause gingival recession. Gingival recession may also develop in thin gingival biotypes because these tissues are more sensitive to trauma and inflammation. For these reasons, surgical approaches such as connective tissue grafts have been suggested to augment tissue thickness and improve peri-implant aesthetics. However, these techniques are not always completely predictable from an aesthetic point of view. Moreover, morbidity of the donor site and patient discomfort must also be taken into account. Other authors have recommended colouring the implant neck, thus changing the optical appearance of peri-implant mucosa. For the same reason, a great number of investigations have been conducted on tooth-coloured implants. Various ceramics have been tested as coating material, such as ZrO₂ and Al₂O₃. However, even if the studies conducted in the 1990s showed better results than earlier investigations, these implants did not have adequate mechanical properties for long-term loading or required large diameters that were incompatible with use in the anterior region with lim-
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research

More recently, YSZ has been utilised for dental implants. This new generation of ceramic implants exhibits good mechanical properties, combined with good optical properties and high biocompatibility. In fact, YSZ has a flexural strength similar to titanium and a textural strength similar to stainless steel. A number of animal studies have demonstrated good osseointegration. In further studies, the same authors have demonstrated osseointegration stability after a long-term loading period. Scarano analysed the bone–implant interface in rabbit tibia, and observed neither fibrous tissue nor inflammation, with good bone-to-implant contact (68%). Similar results were obtained in monkeys by Kohal. In another study, the same author compared stress distribution in YSZ implants and titanium implants, and observed similar stress distribution patterns. Sennerby studied the effect of varying surface roughness on extraction torque and bone-to-implant contact with YSZ implants compared with titanium implants six weeks after implant insertion. The results demonstrated that when surface roughness was enhanced, the two materials exhibited similar behaviour. Other studies have confirmed that a treated YSZ implant surface provides good osseointegration at all times and after a long-term loading period.

These promising results led a still limited number of authors to test ZrO₂ implants on humans. The first few clinical studies are quite recent. Among these, Blatsche and Voltz observed 98% osseointegration in 66 implants in 34 patients in a period of between two and five years. Kohal and Klaus reported the stability of an YSZ implant in a fresh extraction socket with a graft material after loading. Oliva et al. reported one-year results for 100 YSZ implants with two different surfaces, in some cases combined with bone augmentation and sinus lift procedures. Within this observation period, the authors reported a 100% survival rate and a 98% success rate in terms of absence of bleeding on probing, signs of inflammation, mobility and radiolucency. Similar results (93% success) were reported by Mellinghoff in a one-year follow-up study on 189 implants in 71 patients. These studies suggest that YSZ implants exhibit a good rate of osseointegration.

Improvements in zirconium surface characteristics will probably lead to interfacial biomechanical properties comparable to treated titanium surfaces in the future. Compared with titanium, plaque adhesion to zirconium surfaces is very limited because no chemical or physical bonding between ZrO₂ and plaque occurs. This is an important feature for long-term survival.

These findings, together with the good mechanical properties characteristic of zirconium implants, are encouraging. However, further histological and clinical studies are needed to investigate long-term success and stability.

**Conclusion**

In conclusion, it can be stated that it is logical to use a ceramic material for the aesthetic regions. Zirconium dioxide is particularly suitable, since it offers tissue friendliness and a resistance comparable to titanium. Its increased tensile strength, superior mechanical properties, unsurpassed integration with tissue and aesthetic appearance, as well as the possibility of easy fabrication of the prosthetic restoration, may well result in partially YSZ becoming the most commonly used material in implant dentistry for aesthetic regions.

This case report has demonstrated that YSZ implants offer a successful rate comparable to titanium, with a higher aesthetic performance in the anterior region. For this reason, the authors recommend the utilisation of YSZ implants in cases like the one in this article.

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Impression and registration for full-arch implant dentures

Introduction

Usually, a full denture is delivered following tooth extraction or implant insertion of a fully edentulous arch. A denture is usually used until the final restoration is performed. A well-designed full denture should fulfill the following criteria: 1) correct vertical height and maxilla-mandibular relationship; 2) accurate occlusion; 3) appropriate choice of teeth with regard to shape, length, width and position; 4) adequate lip support and 5) proper function and aesthetics to meet the patient’s expectations. The final restoration should fulfill or surpass these requirements. Obtaining a correct impression and accurately evaluating the interocclusal relationship (e.g., interocclusal distance, occlusal recording and determination of the exact position of the placed implants) are often challenging and time-consuming tasks.

The aim of the current report is to present an impression and registration technique that allows the transfer of the interocclusal relationship, occlusal recording and esthetics that were initially applied to produce a full denture as a template for the reconstruction of the final full-arch implant.

Materials and Methods

Following multiple extraction of a non-salvageable rest dentition and the placement of six dental implants in positions #4, #5, #6, #11, #12, #13, a full denture was fabricated. After the extraction sites had healed and denture sores were eliminated, the function and esthetics of the denture was optimized. If necessary, angulations, shape and color of the denture teeth and the shape of the denture base were corrected (Fig. 1a). The resulting denture was used by the patient until the final restoration was delivered. For the final restoration of the maxilla, an implant-
A retained denture with telescopic crowns as attachments was planned.

After the implant was uncovered, the denture was modified to allow sufficient space for the healing abutments. A duplicate of the denture (DentDu) was made out of clear resin (Paladur, Heraeus, Hanau, Germany, Fig. 1b). A trial of the DentDu was performed and minor occlusal discrepancies were corrected (Fig. 1c). Bite records were taken in centric occlusion with modeling resin (pattern resin®, GC, Alship, IL; Fig. 1c), using the casts of the original denture. Afterwards, the DentDu was placed in an articulator and a controlling of the occlusion was made (Fig. 2a) with the bite records. A pickup transfer system consisting of a titanium impression post and a plastic impression sleeve was employed (Dentegris, Duisburg, Germany, Fig. 2b). The DentDu was carefully modified by creating internal clearance in the area of the implants so that it could be applied as an individualized custom tray. This permitted it to be fully seated when the impression posts were in place. Impressions were generated by a polyether material (Impregum, 3M ESPE, St. Paul, MI). During this process, the DentDu was kept in centric occlusion using the bite records (Fig. 3a).

The titanium impression posts were connected with the implant analogues and with the plastic impression sleeves (Dentegris), which were embedded in...
I research the impression material (Fig. 3b). A master cast was then fabricated and articulated with the help of the bite records (Fig. 3c, Figs. 4a & 4b).

Customizable abutments (Dentegris) were taken to fabricate the implant abutments. Parallelism, angulation, position and shape of the implant abutments were determined using a silicon key fabricated from a matrix of C-silicone (Zetalabor, Zhermack SpA, Badia Polesine, Italy, Fig. 5). The dentist and the dental technician relied on two alternatives for customized abutments selection: 1) UCLA customizable abutments (UCLA, Dentegris) for casting with a gold alloy (for example, Portadur P4, Au 68.50%, Wieland, Pforzheim, Germany, Fig. 6a) or 2) platinum-iridium customizable abutments (PTIR, Dentegris) for casting with a chromium cobalt (CrCo) alloy (for example, Ankatit, Anka Guss, Waldaschaff, Germany, Fig. 6b).

After casting, the customized implant abutments were grinded, polished and served as the basis for the fabrication of electroformed pure-gold copings with a thickness of 0.25 mm (AGC Galvanogold, Au > 99.9%, Wieland, Fig. 6c). The framework was then constructed via CAD/CAM. To ensure proper functioning of the framework, a plastic mock-up and a temporary fixed denture (TFD) were milled (ZENOMAXX, Wieland). The customized implant abutments, the electroformed copings, the mock-up and the TFD were delivered by the dental laboratory for the next clinical session.

The abutments were transferred, positioned on the implants and torqued to 35 Nm using a resin transfer key (pattern resin, GC; Figs. 7a-b). From this point on, the customized abutments remained fixed in order to avoid any possible inaccuracies. The electroformed copings were placed on the implant abutments (Fig. 7c). The mock-up was placed over the electroformed copings and the occlusion was checked with the bite records (Figs. 8a-b). A final impression with a polyether impression material (Impregum, 3M ESPE) was taken with electroformed copings. The mock-up was further set up and used for the fabrication of a new (final) master cast. After the impression was taken, the TFD was fixed on the implant abutments using temporary cement (TempBond, Kerr, Orange, CA). It was then left in place until the delivery of the final restoration (Fig. 8c).

The new master cast was articulated with the help of the gold copings and the mock-up. The metal framework was milled (here: Titanium Zenotec Ti, Wieland, Fig. 9a). The veneering of the superstructure was made using a light-cured indirect ceramic polymer (Ceramage, SHOFU, Menlo Park, CA, Figs. 9a-d). The electroformed gold copings were fixed in the metal framework using a self-curing compomer cement (AGC Cem, Wieland, Fig. 10).

The above-described procedures can be also performed in cases in which a fixed denture was planned for the rehabilitation of the full-arch (Figs. 11a & 11b, Figs. 12a-c) and in cases where part of the natural dentition is periodontally stable and can be applied as abutments. In these cases, the immediate full denture can be designed as a cover denture. From this cover...
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Porcelain is a possible material for veneering of fixed-denture frameworks. If the angulation of the implants does not allow for taking impressions in the above-described way and an open-tray impression is preferable, fenestrations can be fabricated into the DentDu (Fig. 14).

Discussion

The reconstruction of the fully edentulous arch with implant-retained dentures necessitates thorough planning and a precise and passive fit of the superstructure. A previous study demonstrated that a passive fit between the implant superstructure and the underlying abutments is essential for the long-term success of the implant prosthesis.\(^5\) To achieve a passive fit, an accurate positioning of the implant replicas in the master cast must be assured. The impression technique and the splinting of the implant copings are factors which may contribute to errors in the final positioning of the implant analogs, thus leading to inaccuracies in the fit of the final superstructure.\(^5\) -\(^10\) Furthermore, the angulation or proximity of the implants may inhibit proper seating of the impression copings and/or caps, which may also have a detrimental effect on the registration of the implant position.\(^11\)

The precise recording of the maxillo-mandibular, e.g. interocclusal, relationship is a prerequisite for achieving proper occlusion and a successful treatment outcome.\(^1,10\) The initially delivered denture allowed for the correction of the interocclusal relationship, tooth shape and color and angulations during the entire healing period. In this way, the patient was able to acclimatize to the function and esthetics of the denture. In the method described in this report, an accurate impression and recording of the full denture was achieved by using a duplicate as a custom tray for the impression. Therefore, it was not necessary to repeat all the steps usually needed for recording the interocclusal relationship, e.g. wax-up, etc., at the time of the fabrication of the final restoration.

If an open-tray impression is preferred, only minor changes to the procedure are necessary. This method is based on a previous publication.\(^12\) In cases such as this, it is advisable to fabricate two DentDus. The impression can be taken by the first DentDu; the second DentDu is used for the remaining steps. Customized abutments are applied instead of a bar, galvano copings allow a precise transfer coping, and secondary telescopes as well as different technologies are employed for the transfer of implant positions and for the construction of the superstructure.

Customized implant abutments allows for better angulations and shape, for improved occlusal force...
transmission from the crown to the implant and the bone, and also for facilitating the fabrication of an esthetically pleasing implant-supported denture. Ways in which abutment design contributes to improved esthetics include changes in the location of the crown and changes in the dimension and/or form of the restorative platform.

Additionally, features of the abutment design contribute to the health and dimensional stability of the soft tissue. Current attempts to objectively define implant-restoration esthetics have focused on peri-implant mucosal parameters. The introduction of the UCLA abutment provided a custom solution for implant restorations. This direct-to-implant restoration concept provided adaptability. Through waxing and casting, the height, diameter and angulations can be addressed in order to provide a wide range of clinical solutions for problems associated with limited interocclusal distance, interproximal distance, implant angulations and related soft tissue responses.

The customized implant abutments served as primary telescopes, and the electroformed copings served as secondary telescopes in cases where a removable denture with telescopic crowns was used as the attachment. Electroformed gold copings are associated with several advantages, in conjunction with both removable and fixed restorations. The galvanforming and electroforming process yielded a precisely-fitted secondary coping for the implant abutment with a gap of only 12–30 µm. The gold electroformed coping saves space and is made of high-quality material. Using gold copings for the impression allows for the exact transfer of the form, angulations and position of the inserted customized implant abutments.

With the help of the milled mock-up, the future fit of the CAD/CAM fabricated framework can be evaluated and necessary changes in the shape of the restoration and occlusion can be made. Making these changes on the mock-up was easier and less time-consuming.

Figs. 11a & b_A case of fixed implant retained denture for the maxilla full-arch rehabilitation: trial of the mock-up (Fig. 11a) and the milled temporary fixed denture is placed on the abutments (Fig. 11b).
consuming than making them on the metal framework itself, and it was then possible to transfer them directly to the final framework. Furthermore, the mock-up almost “splinted” the electroformed gold copings during the impression, allowing for the exact transfer of the abutment position. At the same time, the vertical height and interocclusal relationship were recorded. The delivery of a milled temporary restoration permitted a slow and non-progressive loading of the implants, which then leads to bone remodeling.16 Abutments were left in place after mounting. Combined with the fabrication of a new cast, this further decreased the risk of inaccuracies during the transfer process.

**Conclusion**

The method described here can be used for full-arch restorations with both fixed and removable implant supported dentures. Accurate impressions can be accomplished and occlusion, vertical dimensions, as well as implant positions can be transferred while facilitating the full-arch restoration process. In addition, this technique resulted in a reduction of the required chair time.

Disadvantages of this technique lie in the fact that the quality of laboratory technician’s work meets higher demands than usual, and that the clinician also needs to acquire some additional skills. Further disadvantages of this method include the need for a highly qualified technical lab and higher technical costs relative to those associated with prefabricated titan implant abutments.

To date, this method has not been applied in conjunction with immediate implant loading. However, dentists and patients have come to expect this level of rehabilitative accuracy, precision, long-term success and aesthetics.

Editorial note: A complete list of references is available from the publisher.
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Time-saving debridment of implants with rotating titanium brushes

Introduction

The mechanical debridement of implants as part of peri-implantitis therapy is time-consuming and tedious. The use of rotating brushes with titanium bristles can result in significantly shortened treatment times. Compared with mechanical curettage, they ensure a gentler and more even treatment of the exposed portions of the thread.

Despite—or because of—the success story of oral implantology, peri-implantitis, associated with significant bone loss, is on the rise. A meta-analysis performed by Berglundh et al. in 2002 (which included periimplant mucositis) showed that the incidence of periimplant disease for different implant systems was between 5 and 8 per cent. In fact, the prevalence of periimplantitis alone is assumed to be between 10 and 20 per cent today. The biological response to the implant and the implant’s ability to integrate with the surrounding tissue are determined by the structure of the implant surface. Roughened implant surfaces to enlarge the bioactive surface are a clinically proven method and have been accepted by all manufacturers as the basis for successful osseointegration of their implants. Advanced periimplantitis invariably leads to bone loss and, hence, to the exposure of implant surfaces, including threaded parts. One of the most frequently discussed topics in oral implantology today is that of finding the right treatment approach in this situation. In cases with pocket depths of more than 6 mm, surgical access followed by mechanical cleaning and decontamination of the exposed portions of the thread is certainly an option. Following bone loss, the implant surface is generally covered by concrements, necrotic bone and inflammatory tissue. Proper debridement thus requires mechanical cleaning of the implant surface to remove concrements and granulomatous tissue.

This mechanical debridement is generally performed by specific curettes. The vertical movements of these curettes, which have only limited contact with the implant thread, are not very efficient. It stands to reason that rotationally symmetrical, screw-shaped structures like those of most contemporary implants are more rapidly and more evenly debrided with rotary instruments (Fig. 1). Rotating brushes are capable of adapting more closely...
to the architecture of the implant. In a previous study\(^6\) we have analyzed the effect of rotating titanium brushes (PeriBrush\textsuperscript{™}, Tigran Technologies; Fig. 2) on different types of implant surfaces. Implants with an anodized surface and implants with a titanium-blasted surface were examined with a scanning electron microscopic (SEM) and with a Keyence VHX 600 before and after treatment with a single-use rotating titanium brush as well as before and after curettage. For the purposes of this study, the brush was inserted into an angled hand piece and held against the implant while rotating at 300 to 600 rpm. Only minimal pressure was applied, because excessive pressure can bend the titanium brushes and reduce the cleaning effect. Under the light microscope, the traces of curettage are clearly visible (Fig. 3), whereas the treatment with the rotating brush results in only barely discernible damage to the implant surface. The brush has an even, slightly smoothing effect on the implant surface (Fig. 4). This is confirmed by the corresponding SEM images (Figs. 5–8).

The topographic effect of the rotating brush on the implants surface and on the brush itself is directly correlated with the horizontal load/force and the duration of the treatment. In the actual study “Clinical parameters for the use of rotating titanium debridement brushes” we analyzed the surface effects of different loads/forces between 10 and 60 g / 0.1–0.6 N on the surface of sandblasted and acid etched implants.

Four implants were fixed at the apex in Pattern Resin, GC. The Pattern Resin plate with the implant in the middle was fixed in a turning machine and carefully turned down until a complete rational symmetry with the centered implant was achieved (Fig. 9). Two screws fixed the Pattern Resin plate with the centered implant on a motor driven plate of aluminum (Fig. 10).

To ensure the different horizontal loads/forces onto the KaVo angle piece and therefore on the rotating PeriBrush, a spring based construction (spring steel wire) with defined distances of impression under load was used. The spring length shows a linear correlation to the load/force as seen in Figure 11.

Fixed in an angle piece (KaVo), the Tigran\textsuperscript{™} PeriBrush\textsuperscript{™} transfers a defined horizontal load/force on the implants surface according to the predefined length of the spring. The angle piece works with additional rinsing at 600 rpm and has been applied vertically against the implant at an angle about 20–30 degrees, so that the bristles make contact with the circular side of the implant and also clean in be-
Fig. 9. Turning machine with centered implant.

Fig. 10. Spring based horizontal load and overview of the lab situation.

Fig. 11. Spring length shows a linear correlation to the load/force.

Fig. 12. Tigran™ PeriBrush™ before use.

Fig. 13. Brush after load/force of 20 g/0.2 N for 60 sec.

Fig. 14. Brush after load/force of 60 g/0.6 N for 120 sec.

Fig. 15. Clinical case exhibiting pronounced periimplantitis.

Debridement is effected within 60 seconds under continuous saline irrigation.

between the threads (Fig. 11). The round aluminum table rotated at 20 rpm (clinical measured average turns with the rotating device around the implant).

Samples of the Tigran™ PeriBrush™—before and after use—and dental implants with sandblasted-acid-etched titanium surfaces before and after the treatment with rinsing were investigated by scanning electron microscopy (SEM) after different loads/forces and treatment time. The load/force of 20 g/0.2 N for 60 seconds is the suggested and recommended normal treatment case and 60 g/0.6 N for 120 seconds of treatment time, as this load/force is the suggested worst case scenario.

SEM analysis confirmed the gentle polishing effect to the implant surface with all loads/forces in this study. Loads/forces of more than 60 g/0.6 N and 120 sec of treatment time (worst case) results in minor damage to the brush—caused by an uncontrolled vibration with a “slip-off” of the brush thus bending, but not rupturing the fine titanium bristles (Figs. 12–14).

Another advantage of the PeriBrush, beyond the gentler and more effective cleaning of the implant surfaces, is the significantly shortened treatment time. The implant surfaces can be cleaned within a few seconds under continuous irrigation with sterile saline solution (Fig. 15).

Editorial note: A list of references is available from the author.
Giornate Romane
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Prof. Dr. Ralf Evers/Wien
Prof. Dr. Mauro Marincola/Rom
Prof. Dr. Marcel Wainwright/Düsseldorf
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implants.3/12
Immediate implantation in the anterior maxilla
Planning in reverse

Authors: Dr Nikolaos Papagiannoulis, Dr Olaf Daum, Dr Eduard Sandberg & Dr Marius Steigmann, Germany

Introduction

Endodontic and periodontal problems, such as surgical complications, often place before the professional the dilemma of choosing between tooth preservation and extraction. Correctly performed root planing usually leads to soft-tissue recession. In cases of tooth mobility, periodontal surgery can improve the situation only in the short term. Tooth loss eventually follows after some months or years, not to mention the aesthetic disadvantages of flap elevation and tissue excision after periodontal surgical treatment. Similar outcomes are predicted for teeth following endodontic treatment, particularly if they show complications or have undergone root resection. The combination of endodontic and periodontal problems, as with periodontal-endodontic lesions, endangers the tooth, as well as the bone and the anatomy of the jaw. Lesions such as these can result in severe defects, hampering any subsequent treatment with prostheses.1

Case history

A 34-year-old female patient visited our practice two years ago, with complaints about her maxillary central incisor (tooth #21). The tooth had been treated endodontically eight years before. Five years later, the tooth had been retreated owing to complaints and she had undergone root resection a year later. Afterwards, an intra-radicular post and a metal ceramic crown had been placed.

At the time of the patient's first visit, the tooth was mobile, bled from the periodontal gap during brushing and caused pain, resulting in headaches. Considering the extended period for which the patient had been struggling with this tooth, a quick and effective decision had to be made.

Findings

There were no general pathological findings. Clinically, we found a Grade 1 mobility in tooth #21, a mobile crown on tooth #21, and a bleeding on probing score of 3. The sulcus probing depth was 2 to 3 mm. The vertical percussion test was negative at this point (Fig. 1). The rest of the teeth exhibited no pathological findings.
The radiological control showed sufficient root filling. The crown was not optimally placed and the intraradicular post was of insufficient length and diameter (Fig. 1). Our initial suspicion of inflammation at the root proved negative following a second X-ray.

_Treatment focus_

The replacement of the intraradicular post and a new crown did not seem to be sufficient treatment. Owing to the caries under the crown, the crown lengthening necessary to establish adequate biological width and the patient’s complaints regarding this region, any further effort to preserve this tooth made no sense to us. The aesthetic outcome was another reason to promote tooth extraction. Any further conservative therapy would have resulted in aesthetic deficiencies. The patient also desired an efficient solution that would put an end to the problems in this region. Furthermore, the adjacent teeth only had small fillings at the palatal surface and it would have been a pity to have to prepare them for prosthodontics. Also for this reason, the patient rejected prosthodontic treatment of the adjacent teeth.2-5, 7

Our decision was to extract the tooth and immediately place an implant in order to support the soft tissue, influence bone remodelling and offer a temporary tooth replacement without a flipper.6,3,7,10,11 As the maxillary anterior region is an aesthetically sensitive region, we planned for an immediate implantation with simultaneous guided bone regeneration (GBR).9, 12 As for the prosthesis, we selected a biocompatible metal-ceramic crown for financial reasons.

_Treatment plan_

Professional tooth cleaning and patient instruction

As a standard procedure, the patient received professional tooth cleaning before implantation in order to achieve optimal hygiene conditions. He also received behaviour and hygiene instruction and was encouraged to follow a good oral hygiene routine.

Extraction

The tooth extraction was performed as carefully as possible and the socket was decontaminated with chlorhexidine solution and tetracycline for ten minutes. Although mobile, the periodontal fibres were separated with a periotome. The tooth was mobilised with the same instrument until an atraumatic post extraction was possible. Together with the tooth, we managed to remove the apical cyst without needing to scale the socket. Careful inspection of the socket walls was necessary to prevent inflamed tissue affecting the GBR. There was also no perforation of the buccal plate (Fig. 1).9, 13

_Implantation and guided bone regeneration_

The implant we selected for this case was the internal hex Laser-Lok implant (BioHorizons), which is tapered with microgrooves at the implant neck. Our aim was to achieve maximal bone adaptation to the crestal portion and soft-tissue adaptation to the implant neck.14, 15, 16, 17-19 We used a periodontal probe to inspect the socket. The socket was rinsed again with chlorhexidine solution before proceeding with the implantation. Apart from the final drilling, the drill sequence was performed with water irrigation. The last drilling was performed at 40 rpm/min and maximum torque in order to decrease the risk of ridge injury.

The gap width was 10.5 mm in the mesial-distal direction and 6 mm from the inner ridge in the oral-vestibular direction. The crestal thickness of the ridge walls was 0.5 to 1 mm (Figs. 2–4).6, 7, 9 Therefore, we decided to use a 4.6 mm implant with a length of 12 mm. Simultaneous to the implantation, we performed guided bone augmentation in order to fill the gap between implant and ridge and to influence bone remodelling during implant healing. The gap between the implant and buccal bone plate was 1.4 mm. Combined with the augmentation material (allograft using maxgraft, botiss) in this gap and on the buccal plate, we planned to preserve at least 2 mm buccally after bone remodelling.

One third of the implant was inserted. Augmentation followed and then we inserted the implant com-
In this way, we were ensured augmentation of the entire ridge and not only the crestal portion. For GBR, we used autologous bone extracted with a bone scraper (to preserve living osteoblasts) and non-resorbable hydroxyapatite (cerabone, botiss) for 3-D stability. The implant was placed sub-crestally at 1.5 mm in order to prevent under-coveredge owing to bone resorption, which is inevitable following tooth extraction. Although the implant-neck design guarantees soft-tissue adaptation, we selected this kind of implant placement, since we feared unpredictable bone behaviour after so many years of continuous endodontic and inflammatory problems in this region.

Another advantage of this implant system is the all-in-one abutment, which supports positioning control and reverse planning for the prosthodontic treatment as an insertion aid. The implant was placed according to the best surgical position and the prosthetic position. A second all-in-one abutment was shortened to a length of 2 mm and used as a cover screw in order to achieve optimal soft-tissue support (Figs. 5 & 6). In this manner, we conditioned the soft tissue to form the final desired emergence profile.

Owing to the mild but unpredictable inflammation in region 21, we decided against a flap and primary closure of the operating area. The soft tissue was raised buccally in order to place a pericardium membrane (Jason, botiss). The membrane covered the whole ridge up to the palatal wall, where it was secured between the gingiva and crestal ridge using a 4-0 Supramid horizontal mattress suture (S. Jackson). We placed a collagen fleece over the membrane to prevent proteolytic resorption of the exposed membrane. The fleece was secured with a 5-0 PROLENE criss-cross suture (ETHICON, Fig. 7).

Temporary crown
Temporary treatment of the gap was crucial. Free granulation of the extraction wound resulted in a high risk of soft-tissue dehiscence. In order to fill the gap, to support and form soft tissue, and to rehabilitate the patient aesthetically, we trimmed the extracted tooth to form a pontic and attached it with flowable composite (Tetric EvoFlow, Ivoclar Vivadent) to the adjacent teeth. After soft-tissue coverage of the ridge, we attached a Maryland bridge to optimise aesthetics. The papilla support was perfect and the outcome until implant exposure was stabilised. The sutures were removed four weeks post-operatively and two weeks after the Maryland bridge had been attached, without having to remove it (Figs. 5, 6, 8 & 9).

Healing phase
During the healing phase, we followed a frequent recall pattern of one, two, three, four, eight, twelve and 16 weeks. In addition to hygiene instructions, the patient was informed about the importance of the control appointments. During the healing phase, there were no complications, inflammation or complaints from the patient.

Exposure
The implant was uncovered after 14 weeks. Owing to sufficient soft-tissue thickness on the labial side, we decided to uncover with a tissue punch. The tissue punch was 1 mm thick. The operation resulted in a soft-tissue height of 3 mm crestally up to the implant neck. The papillae were maintained, and labially the
contours of the bone and the soft tissue were harmonious and at optimum level aesthetically. These findings ensured a highly aesthetic outcome (Figs. 10 & 11).

Pre-prosthetic phase
At this point, we decided against a healing abutment. Assuming that implant transfer, abutment and healing abutment have the same emergence profile, we fabricated the final abutment after impression and inserted it with a temporary resin crown (Trim, Bosworth). The temporary crown had exactly the same form as the final crown and conditioned the tissue for the time needed to fabricate the final crown (Fig. 12).

Prosthetic phase
Two weeks after uncovering the implant, we performed the final crown fitting. The abutment length was 5.5 mm and the crown retention part had a length of 4.5 mm. The crown length was 8.5 mm and the distance between approximal contact and crestal bone was 4 mm (Fig. 13). The patient was pleased with the aesthetic outcome.

Recall appointments for clinical and radiological control took place at one week, as well as six, 12 and 18 months. At each appointment, stable conditions in the crestal bone and in the soft tissue were exhibited. At the 24-month follow-up, no recessions or clinical or radiological crestal bone resorption was apparent.

_Discussion_
Nowadays, we know that osseointegration works and we know how it works. We can also achieve predictable and repeatable results. The correct implant position is crucial for long-term success, and is both a surgical and a prosthetic parameter. No matter how well implants are inserted, grafted or osseointegrated, if the angulation and position are not beneficial for the prosthesis, the outcome will be neither aesthetic nor durable. The clinician must first decide where to place the abutment and decide upon the emergence profile before he performs the surgical part. As implantology becomes an increasingly important treatment option, osseointegration and a firm bite, as well as functional stability, aesthetic and long-lasting results, are more frequently demanded by the patients.

A crucial question has to be asked: now that aesthetics is becoming increasingly important, how much sense do conservative treatments make in cases such as the one described here? Is it better to extract a tooth causing ongoing problems at the right time, rather than trying to preserve it and losing bone and soft tissue? When we wait for too long, we lose bone and soft-tissue aesthetics and limit our implantological treatment options. In this case, extracting the tooth was the correct choice, as was placing the implant immediately. Seeking to influence bone remodelling by augmentation was also a good decision. Using an all-in-one abutment as a cover screw and scaffold for the soft tissue was also the only way to achieve an aesthetic outcome.

All these aspects, as well as correct positioning, prosthesis and recall, are factors that must be planned before surgery. Reverse planning is very important. If the planning is correctly structured, the surgical part entails only a drill sequence, especially when using computer guidance. Patients do not only want to eat with their teeth, but they want them to look good for a long time. This can only be achieved if we choose the right system for each patient, customise our operating protocol according to each individual situation, decide first where we want to place the abutment for perfect prosthetics and then manipulate the soft tissue without a scalpel. We can preserve the crestal bone by both adequate surgical bone treatments and soft tissue.

Each technique works well within its specific range of indication. The correct decision with regard to which technique to use, when and for which patient is the key to success. In addition, collaboration between surgeon, prosthetic specialist and technician is necessary to achieve the desired result._

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Fixed full arch metal-free prosthesis on four SHORT® implants

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_Introduction_

The concept of having only four SHORT® implants for the support of a fixed full arch non-metallic prosthesis (Trinia™), a CAD/CAM fiber reinforced resin, was first executed in 2010. The clinically based results performed in three different implant dentistry centers are showing clinical success because of Trinia’s inherent mechanical and clinical properties. Another factor were the 360 degrees of universal abutment positioning provided by the Implants Locking Taper connection (Bicon®), which gives the opportunity to use the Trinia™ prosthesis to orient and seat the abutments in the well of the implants. The Trinia framework may be covered with either customized poly-ceramic indirect composite material or by conventional denture teeth and resin.

_Bicent Dental implants (Bicon LLC, Boston, MA, USA) were used for the reconstruction of the case, combined with a CAD/CAM fiber reinforced resin framework (Trinia™) and conventional denture teeth and resin prosthesis. Bicon implants can be characterized by their special macro-structure, including a root-shaped design with wide fins called plateaus, by a sloping shoulder and by a well which holds the abutment post by means of a Locking Taper connection.1_

The plateaus are of particular importance for the biomechanical performance, allowing SHORT® implants with a wide diameter to be used in any position in the oral cavity. Their insertion into the osteotomy, which has been prepared using atraumatic drills rotating at 50 rpm, is executed by using mechanical pressure. The countless micro-retentions created on...
the surface of the fin edges with the walls of the osteotomy ensure primary stability of the implant in the implant site. Furthermore, the wide spaces between the plateaus avoid vertical compression on the bone walls and rapidly collect the clotted blood, allowing rapid bone formation without the classic macrophagic and osteoclastic processes of bone resorption taking place. Thus well defined bone is formed, with haversian canals and blood vessels which enable continuous bone remodelling around the implant/bone contact surface. This ensures stability of the implant in any situation involving biomechanical stimulus.

The sloping shoulder is vitally important for the preservation of crestal bone after implant osseointegration and for implant function. The Bicon implant design offers platform switching with a neck which converges from the widest diameter of the first plateau, to 2 or 3 mm towards the crestal zone (converting crest module). In our patient, we used implants 5 mm in diameter, but the space taken up at crestal level is only 3 mm. This ensures bone augmentation above the neck, also because the implant is seated at least 1 mm below the crest during the first surgical stage. This allows the above structures, such as the crestal bone, periosteum and epithelium, to grow around the hemispherical base of the abutment and to give sufficient space for maintenance and the growth of the papillae.

Another important factor for obtaining long-term crestal bone stability is the bacterial seal within the connection between implant and abutment. If crestal bone maintenance and the formation of papillae can only be achieved when the implant is placed in a sub-crestal position and by platform switching at the level of the implant neck, it is also true that this situation can only be accomplished if the connection is hermetically sealed from bacterial infiltration. Without this feature, the placement of a sub-crestal implant without a bacterial seal would result in the rapid spread of pathogens around vital structures, crestal bone, periosteum and epithelium. The result would be bone resorption well below the original crestal bone level.

Bicon’s locking taper is a design feature ensuring crestal bone level maintenance around an implant with a convergent sloping shoulder placed sub-crestally. The Locking Taper is a precise connection formed by cold welding out of two surfaces of the same material which are brought into close contact with pressure. In this way, the oxidation layers—formed both on the abutment post and on the surface of the implant well—are detached. The prosthetic components (one-piece titanium abutments made from the same surgical grade titanium alloy as the implants) ensure maximum mechanical resistance and optimum biocompatibility. The subgingival hemispheric base geometry is ideal for the stability of peri-implant connective tissues.

The abutments are connected to the implant well by means of a post, which is 2 mm, 2.5 mm or 3 mm in diameter. Implants which are 3.0 mm and 3.5 mm in diameter are suitable for 2 mm posts, while implants of a diameter of 4.5 mm, 5 mm or 6 mm match with
abutments with a 3 mm post. All of the abutment posts have diameters or emergence profiles of 3.5, 4.0, 5.0 or 6.5 mm, suitable for allowing a natural anatomical shape of the soft tissues. Abutment diameters are therefore independent of implant diameters, which means that any implant may host the four different abutment emergence profiles. The different emergence profiles start from the 2 mm, 2.5 mm or 3 mm posts, placed at crestal bone level. The geometry of the abutments provides for platform switching even at a prosthetic level, which is of vital importance in the organization of the connecting tissue and the epithelial layer.

The supraperiosteal space involved in the shift from the connecting post diameter (2–3 mm) to the diameter of the abutment hemisphere (3–6.5 mm), allows a thicker and denser connecting tissue to form, resulting in the optimal preservation of the papilla. In the following case, all the selected abutments have a 3 mm post, as they must connect to the 3 mm wells of the 5.0 x 6.0 mm implants. Abutment post heights, inclinations and diameters are selected in the laboratory in accordance with the position of the implants relative to the anatomy of the alveolar ridge.

Trinia is a CAD/CAM multidirectional fiber reinforced resin material, which despite its leight weight is capable of withstanding occlusal forces.

Case report

A 52-year-old male patient, presenting a severely compromised mandibular bone, was treated with the placement of four short implants. Two SHORT® implants (4.5 x 8 mm) were placed bilaterally at the canine region and two ULTRA SHORT® implants (4 x 5 mm) were bilaterally located at the first molar region (Fig. 1). The implants were placed in a two-stage surgery and they were uncovered after a healing period of three months (Figs. 2 and 3).

Clinically, the prosthetic treatment began with an implant level transfer impression by inserting with only finger pressure a green impression post with its corresponding acrylic sleeve into the 3.0 mm implant well, prior to recording their position by making an implant level impression with any conventional impression material (Fig 4). Upon the removal of the full arch impression, green impression posts were removed from the implant wells and inserted into an implant analog of the same color before inserting them into their corresponding acrylic sleeves within the impression.

Prior to the pouring of a stone model, a resilient acrylic was applied around the impression posts to simulate a soft tissue contour in the stone model. The stone model was used for the fabrication of a wax bite rim to record the occlusal registrations. After articulation of the models, appropriate abutments with the largest practical hemispherical base were selected and inserted into their corresponding implant analogs within the stone model. Their prosthetic posts were then milled parallel to one another (Fig. 5).

The model with the milled abutments was used to fabricate a light cured resin bar and denture tooth set up for an intra-oral confirmation of the arranged teeth. Once the denture set-up had been clinically approved, a facial occlusal silicone mask was initially formed over the denture wax set up. Prior to forming the lingual silicone mask, indexing or alignment grooves were placed in the facial occlusal mask. After fabrication of the lingual mask, grooves were cut into the stone model to prevent the subsequent entrapment of air, when acrylic was poured into the silicone flask through anterior cut-away or aperture in the lingual mask. Prior to the removal of the wax denture tooth set up from the stone model, the facial lingual extent of the wax denture tooth set up on the alveolar ridge was marked on the stone model with a pencil.

After the removal of the denture teeth and wax from the resin bar, the teeth were cleaned and linguually roughened or modified prior to being facially glued to the facial occlusal silicone mask with cyanoacrylate glue. An uneven thin application of clear resin was then applied to the cervical area of the teeth on the mask to achieve an aesthetic stratification of the gingival denture resin. The facial occlusal mask and the resin bar were then repositioned on the model to confirm the appropriateness of their contours relative to each other.
and particularly to the cervical gingival area of the intended teeth. If necessary, the resin bar may be modified by adding wax or by reducing it with a bur. Prior to its being sprayed and digitally scanned, the space between the resin bar and the ridge area between the pencil lines on the model is filled with a putty material, so that the milled framework can be in contact with the soft tissue of the edentulous ridge (Fig. 6).

After the model with the milled abutments and the resin bar were separately sprayed and scanned, the Trinia fiber resin bar was digitally designed on the computer with a minimum thickness of 7.0 mm throughout, an abutment clearance of 30 microns for cement and with a maximum cantilever extension of 21.0 mm. If necessary, the milled Trinia framework may have been judiciously reduced manually.

After cleaning the milled Trinia framework with alcohol, it was placed onto the milled abutments to evaluate and, if necessary, modify the marginal adaptation of the framework to the abutments and to the alveolar ridge of the model. The ridge side of the framework should be convex without any concavities. Additionally, the Trinia framework was used to confirm both the path of insertion of the prosthesis and the sequence of insertion of the milled abutments on the model. After the sequence and path of insertion were confirmed, the facial, occlusal and lingual masks were repositioned on the model and attached together with cyanoacrylate glue (Fig. 7).

A thin mix of denture resin was poured into the silicone flask through the anterior cutaway or aperture in the lingual mask. Final polymerization was achieved while the silicone flask and models were under hot water, with an air pressure of 3 bars. After polymerization, the Trinia prosthesis was removed from its silicone flask, then finished and polished in a conventional manner. Clinically, after the removal of the temporary abutments from the implant wells, at least two milled abutments were incompletely inserted into the prosthesis. If necessary, they were stabilized with an application of Vaseline, prior to their being transported to the mouth and inserted into the well of their implant (Fig. 8). The loosely fitting abutment facilitated its insertion into the well of the implant (Fig. 9). Once the abutment was initially seated, the prosthesis was removed for the definitive seating by tapping directly onto the titanium abutment. This seating process was continued until all of the abutments were definitively seated (Figs. 10 to 12).

Alternatively, an abutment could have been initially loosely seated in the well of the implant, prior to the prosthesis being used to orient and seat the abutment in the well of the implant. Final or temporary cementation was achieved by first applying Vaseline over the ridge area of the prosthesis to facilitate the removal of any extraneous cement. Only a minimum of cement was applied to the bores in the Trinia framework before inserting the prosthesis in the mouth. The extraneous cement was blown away with an application of air under the prosthesis. The occlusion was evaluated and adjusted (Figs. 13 & 14).

**_Conclusion_**

Regardless of which type of material will ultimately be used to cover the Trinia framework, it was essential to have an anterior diagnostic positioning, wax rim, or arrangement of the intended teeth prior to the fabrication of the Trinia CAD/CAM framework.

In our clinical case, Meyor composite denture teeth were used for the final prosthetic to assure a good biomechanical force distribution around the four SHORT® implants. The follow-ups of our patients treated with the described technique was showing a good gingival response and no marginal bone loss around the platform switched implant neck of the SHORT® or ULTRA SHORT® implants (Bicon Dental Implants) used in our case presentation and in 60 other cases treated in three different Implant Dentistry Centers.

This technique of a fixed prosthesis on only four short implants deserves a clinical, long term, evidence-based study because of its low costs and reduced treatment time with minimum morbidity and good patient response. _

*Editorial note: A complete list of references is available from the publisher.*

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CAD/CAM-based restoration of an edentulous maxilla

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Introduction

There is probably no other treatment method that turns our patients' quality of life for the better so critically and predictably as the restoration of the edentulous jaw using implant-supported dental replacements (Alfadda et al., 2009). An implant-based, telescopic bridge should be viewed as the treatment of choice for the rehabilitation of an edentulous mandible (Abd El-Dayem et al., 2009). This is the conclusion drawn from the results of an investigation by Eitner and his colleagues in 2008, especially in anatomically difficult situations, in which an implant-supported superstructure guarantees an adequate prosthetic rehabilitation. Visser et al. showed in 2009 that the implant-supported restoration of the edentulous maxilla also represents a proven and effective treatment method with predictable success.

Connection elements

Various anchoring elements such as bars, double crowns and a variety of prefabricated connection elements for the replacement of teeth have been discussed in the past (Alfadda et al., 2009; Eitner et al., 2008). A bar connection and telescopic crowns are favored for the edentulous maxilla, since, in contrast to flexible connections, these can prevent the denture from tilting. Which of these two connection types is to be preferred, however, seems unclear. Implants supporting telescopic crowns exhibit a reduced sulcus fluid rate, which is interpreted as a sign of a slight inflammation of the periimplant tissues. This, however, as Eitner and his colleagues showed, does not lead to a reduced rate of implant loss in comparison with implant-supported bars, even over a longer period. Bar-retained, implant-supported superstructures, on the other hand, are significantly less prone to repair, with the result that, according to the working party under Eitner, no alternative restoration can be identified as to be preferred. In each case, following extensive treatment, the patient treated expects—for him, from a financial and, above all, an emotional point of view—a substantially uncomplicated, mechanically "maintenance-free" rehabilitation. In this respect, restoration using a bar-retained, removable superstructure resembling a bridge is, for us, the first choice. As a matter of principle, we include two interlocking mechanisms to improve the wearing comfort. This prevents a reduction in the retention of the removable
unit caused by abrasion. Furthermore, the interlocking gives the patient the important feeling of confidence, since unwanted loosening of the restoration is precluded.

Materials

Individually milled bars are usually cast in a chrome-cobalt or gold alloy. A recent option is the central CAD/CAM fabrication of virtually designed bar constructions in accordance to a model scan. This fabrication variant has numerous advantages: on the one hand, the tension-free fit of the bar on the implants is not affected by the shrinkage of the metal caused by cooling. On the other hand, it is possible to manufacture the bar from titanium, which may result in a reduction in gingival inflammation (Abd El-Dayem et al., 2009), since there is a better attachment of the tissues here. The team under Abd El-Dayem further concludes that both advantages together, the absolutely tension-free fit of the bar and the material itself, could lead to even less peri-implant bone resorption, which further improves the long-term prognosis.

Case presentation

A 73-year-old woman, a non-smoker with an unremarkable medical history, was given six implants with two milled bars as anchoring elements. Five XiVE S plus implants were inserted during a simultaneous sinus floor elevation and were allowed to heal submerged over six months. When the implant was uncovered, a vestibular graft was performed with an apical transposition flap. Due to the less favorable bone volume in region 16, an additional XIVE TG plus implant was inserted subsequently for the purposes of the procedure and was immediately loaded (Fig. 1). The impression for the fabrication of the CAD/CAM bars was made four weeks later on the MP abutments inserted during this consultation (Figs. 2 & 3).

The advantage of the Friadent MP abutments is the transfer of the working level from the implant shoulder—that is, the crestal edge of the bone—to a supracrestal plane. Hence, the apposition of the marginal tissues on the abutment components is not affected by try-ins and other treatment steps. Furthermore, a simple visual check of the bar seating can be made. Figure 2 shows the patient’s condition prior to impression making, with inserted Friadent MP abutments.

The team under Abd El-Dayem further concludes that both advantages together, the absolutely tension-free fit of the bar and the material itself, could lead to even less peri-implant bone resorption, which further improves the long-term prognosis.

Fig. 3 Functional impression with FRIADENT MP impression abutments

Figs. 4 a–d Screenshot of the virtual bar construction with various overlays.

Fig. 5 Working model with bars, bar slides, tertiary structure and inserted slides.
latches in the patient’s mouth. The Genios dentition (DENTSPLY DeTrey) was transferred to the manufactured framework (Figs. 5–8). The final restoration was adjusted to the patient’s mouth and inserted (Figs. 9 & 10). The dentition showed excellent translucency. On follow-ups 27 months after the implant insertion and 21 months after the incorporation, the tissue conditions were stable (Fig. 11). The crestal bone level was still located on the implant shoulder. No resorption was observed.

Conclusion

Because of its good primary stability, even in marginal situations, the XiVE implant system is applicable in an augmentation of the maxillary sinus with simultaneous implant placement. Where there is little remaining bone volume, the prerequisite for this is a classic, submerged healing phase without pressure. The option of relocating the connection level to an epigingival level following uncovering reduces the risk of a deterioration of the bone in the region of the implant shoulder due to manipulation. CAD/CAM fabrication of the bar constructions markedly improves the fit of these constructions, which a practitioner who has used this new technique will immediately recognize. Together with the use of titanium as the component material, the tension reduction represents a further advance in the reproducible retention of marginal bone. Furthermore, the bar construction with latches restores the desired level of security and hence vitality to the patient.

Editorial note: A complete list of references is available from the author.

about the author

Dr Arnd Lohmann got his Licensure in Hamburg, Germany, in 2002 and worked as assistant doctor in Oral and Maxillofacial Surgery from 2002 to 2003. In 2003 he completed his dissertation. He has focused on Oral Implantology since 2003 and completed his Master of Science in Oral Implantology in 2007. He is a member of the German Society of Oral Implantology (Deutsche Gesellschaft fuer Orale Implantologie, DGOI), the German Association of Dental Implantology (Deutsche Gesellschaft fuer Zahnarztliche Implantologie, DGZI) and the German Association of Oral Implantology (Deutsche Gesellschaft fuer Implantologie, DGI). He works in a partnership and medical practice with Dr Rainer Lohmann in Bremen, Germany.

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International events

2012

**AAID 61st Annual Meeting**
Washington, DC, USA
3–6 October 2012
www.aaid-implant.org

**42nd International Congress of DGZI**
Hamburg, Germany
5–6 October 2012
www.dgzi-jahreskongress.de

**ADF 2012 Conference and Trade Exhibition**
Paris, France
27 November–1 December 2012
www.adf.asso.fr

**7th CAD/CAM & Computerized Dentistry International Conference**
Singapore, Singapore
6–7 October 2012
www.capp-asia.com

**BDTA Dental Showcase 2012**
London, United Kingdom
4–6 October 2012
www.dentalshowcase.com

**3rd Congress of the European Society of Microscope Dentistry**
Berlin, Germany
4–6 October 2012
www.esmd.info

**World Dental Show 2012**
Mumbai, India
5–7 October 2012
www.wds.org.in

**Dental World 2012**
Budapest, Hungary
11–13 October 2012
www.dentalworld.hu

**Expodental Milan 2012**
Milan, Italy
18–20 October 2012
www.expodental.it

**NorDental – Dental Exhibition and Congress**
Lillestrom, Norway
11–13 October 2012
www.npg.no

**Dental–Expo St. Petersburg 2012**
International Dental Forum
St Petersburg, Russia
30 October–1 November 2012
www.dental-expo.com
Conical internal connections will fuel growth in dental implant market

Authors: Dr Kamran Zamanian & Ian van den Dolder, iData Research Inc., Canada

_Introduction_

The dental implant and bone graft substitute market is the most rapidly advancing segment of dental technology, and leading competitors in this market must consistently develop new products supported by research from scientific and academic organizations to remain competitive. Recent cases have demonstrated that when companies lose a segment of support from the scientific community, their market shares tend to suffer significantly.

The European dental implant and bone graft substitute market has been further challenged by recent economic instability and the eurozone crisis, which has created a consistent demand for lower-cost dental implant products. As a result, many lower-priced competitors have begun to seize larger market shares in almost every European market. In many segments, these competitors are either regional or sourced from overseas markets such as Brazil, Korea and Israel. Regenerative products and barrier membranes have been particularly affected by consumer austerity, as these products are discretionary in many cases. However, a growing number of consumers continue to demand high-quality products, guarantees of service and scientific improvements, which only premium manufacturers are equipped to offer. Conical internal connections is one such recent innovation, and currently constitute the fastest-growing connection type in the dental implant industry.

Many dental implant and bone graft substitute companies have looked to expand their product portfolio or create new markets while they create package deals to offset competition from rapidly emerging lower-priced competitors. Significantly, many European and US companies involved in this market have begun to invest in rapidly emerging periphery markets such as Turkey.

_Increasing prevalence of conical internal connections_

Dental implants are connected to final abutments in one of three ways: internal connections, external connections or single-unit devices in which the implant and abutment are already attached. Furthermore, internal connections have two subsegments: butt-joint internal connections and conical internal connections. Research has shown that a lack of intimate fit of the implant in the abutment or movement of the implant can provide an area for bacterial growth. Conventional butt-joint connections provide a connection that can result in micro-movement between the implant and the abutment, creating a pump effect for bacteria into the connection area. When bacteria are present in the micro-gap, they can cause inflammation, tissue recession and bone loss. Recent clinical studies have demonstrated that, on average, conical connections offer a smaller micro-gap than butt-joint connections, in addition to a greater mechanical level of stability. As a result, conical connection types have become hugely successful in the dental implant market, and the majority of leading dental implant manufacturers have introduced conical internal connection products. Conical connection types will continue to represent one of the fastest-growing segments of the dental implant market.
Industry leaders identify Turkey as one of the fastest growing dental implant and final abutment markets in the world

Turkey is one of the fastest-growing dental implant markets, congruent with strong economic growth that weathered the recession far better than the US and nearly any region in Europe. The technology of dental implants in this country has advanced rapidly, as most of the major players in the European market moved quickly to gain a strong market share in Turkey. Additionally, this market benefits from low labor costs, which adds to the incentive for implant companies to establish domestic subsidiaries or local distribution partners, fueling options for consumers. Turkey is also a popular destination for dental tourism, especially among patients from more expensive European markets. From 2008 to 2018, the Turkish dental implant, final abutment and computer-guided surgery market is expected to grow at a compound annual growth rate of 20.4%.

In May 2011, AGS Medikal Ürünleri, the first major Turkish company to produce dental implants, commenced operations in the province of Trabzon, on the coast of the Black Sea. The company was established with an initial 5 million Turkish lira investment. Market experts predict that the company will soon be joined by other Turkish dental implant manufacturers that will offer lower-priced products to compete domestically and later internationally with larger implant companies.

EU medical tourism directive will strongly impact the European dental implant market

The EU directive on cross-border healthcare that comes into force in 2013 will have a strong impact on the European dental implant market. This directive will target the medical tourism market, which is significant, as dental treatment procedures account for nearly half of medical tourism in most major markets. The directive gives patients the right to be reimbursed for treatment they receive in other EU countries. This could lead to more Western Europeans traveling to Eastern Europe, including Poland and Bulgaria, which are rapidly developing the quality of the medical services they offer.

The UK features one of the highest rates of outbound dental tourism, as patients are unaccustomed to large out-of-pocket costs for procedures, owing to the legacy of the National Health Service. Whereas rich patients from developing countries used to come to prestigious hospitals in the UK and elsewhere for treatment, outbound medical travel from the UK has been growing far faster than inbound over the past decade, as UK patients are increasingly traveling abroad for lower-cost care. Figures suggest more than 50,000 citizens of the UK go abroad for treatment annually. The number of outbound medical tourists from the UK rose by 170% from 2002 to 2009.

Dental implant companies follow success of conical internal connection

Internal connection types as a whole are becoming increasingly dominant in the dental implant market. Conical internal connections and butt-joint internal connections represented 83.4% of implants with an internal connection in 2011. Conical internal connections is the fastest-growing segment of the market and expected to increase at a compound annual growth rate of 10.1% by 2018. NobelActive (Nobel Biocare) was one of the foremost early successes of conical connection types, and was rapidly adopted by consumers owing to clinical results demonstrating its greater stability and smaller micro-gap between implant and abutment. The majority of large companies now offer a conical connection, as this market is expected to overshadow butt-joint internal connections increasingly owing to the greater stability and perceived smaller-diameter micro-gap offered by conical internal connections. Many companies are combining these connection types with tapered shape and surface treatments as the current generation of premium products.

Additional information

The information contained in this article was taken from two detailed and comprehensive reports published by iData Research (www.idataresearch.net), entitled “European Markets for Dental Implants, Final Abutments and Computer Guided Surgery” and “European Markets for Dental Bone Graft Substitutes, Dental Membranes and Tissue Engineering.” For more information and a free synopsis of the above report, please contact iData Research at dental@idataresearch.net.

iData Research is an international market research and consulting firm focused on providing market intelligence for the medical device, dental and pharmaceutical industries. Watch its short company movie at http://www.idataresearch.net/discoveridata.html.
Manufacturer News

Camlog

**DVD / Blu-ray compendium on implant-supported restorations**

Against the backdrop of new technologies, materials and methods, implant-therapy concepts in recent years have greatly changed and improved. This development is promoted and accelerated by the close cooperation of specialists from different disciplines, which is a prerequisite for achieving quality treatment outcomes. The DVD/Blu-ray compendium implant prosthetics "Four teams—their concepts and solutions," which was presented at the 4th International CAMLOG Congress in early May 2012 in Lucerne, documents the team work in an impressive manner.

"Four teams—their concepts and solutions" is a film production, which was co-developed by CAMLOG, a German dental publishing house and four outstanding, interdisciplinary teams of authors in a time period of two years of work. The four volumes of the compendium were produced in HD format and are characterized by their high quality as well as their detailed and precise pictures taken from the clinical and laboratory areas.

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Omnia

**Surgical patient drapes**

Omnia offers a complete range of drapes, which are suitable for different applications and treatments, both for covering operating theatre surfaces and for draping and protecting the patient.

Drapes for patient draping are made either of absorbent/waterproof, non-woven fabric or Softesse®, a fluid-repellent, soft, drapable and highly breathable material for complete protection and comfort. Their whole surface is waterproof and they have fluid control systems and self-adhesive areas (self-adhesive U-shaped, hole or side), so as to allow a safe and accurate fixing and enhancing of the range of sterile fields.

To cover the patient, Omnia offers a water repellent mono drape with a triangular opening of 11 x 10 cm and a surrounding adhesive strip which enables to fix the drape onto the chin of the patient. An adjustable aluminum band that runs along the upper side of the triangular opening allows its safe positioning on the nose of the patient. To protect the patient's eyes from any splash or accidental injuries, the drape has a protection window made of a transparent material that also allows an easy and immediate communication between the patient and the operator, thus avoiding unpleasant panic situations. The large size of the drape of 133 x 200 cm makes it particularly indicated for long and complicated surgeries, and the two Velcro strips allow fixation of aspiration tubing.

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Nobel Biocare

**Global Symposium in New York City**

Nobel Biocare will host the Nobel Biocare Global Symposium 2013 in New York. The event will take place from June 20–22, at the Waldorf Astoria in New York City. The Symposium’s program will build on Nobel Biocare’s mission “Designing for Life: Today and in the future.” “Designing for Life” is Nobel Biocare’s commitment to helping dentists treat more patients with better solutions. And it is a commitment to improving the quality of life of every patient through solutions that are designed to deliver fully functional, natural-looking results with the aspiration to last a lifetime.

The Nobel Biocare Global Symposium 2013 builds on Nobel Biocare’s series of scientific symposia started in 2012. The exclusive three-day event, chaired by Professor George Zarb, will bring together over 70 of the world’s most renowned experts and speakers in restorative dentistry to discuss key current and emerging trends as well as techniques and technologies shaping the industry’s future. The symposium will feature a new program format that outlines treatment workflow from patient presentation to treatment follow-up. Nobel Biocare has pioneered innovation in the industry and continues its commitment to creative synergy between scholarship and industry to ensure the best possible dental treatment journey for all patients.

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Schütz Dental is now on Facebook! Becoming part of the Schütz Dental community brings many benefits. Users can find out how colleagues have increased their business with the IMPLA system and watch free training videos online. Moreover, they can communicate with colleagues and Schütz Dental to find out more about the Complete Digital Workflow including IMPLA 3D implant navigation. Customers can also promote their cases on the Schütz Dental Facebook page. Register for the IMPLA-Newsletter and stay up to date: http://sdent.eu/newe

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Straumann is launching the cost effective treatment option Emdogain 015. The new package size allows the benefits of commercially available enamel matrix derivative to be profited from in daily practice.

Approximately 5 – 10 % of the general population suffer from severe periodontitis, a bacterial infection of the periodontium which, in most cases, has a chronic but painless progression.

Progress in biotechnology has led to ready-to-use products containing enamel matrix derivative (EMD). EMD stimulates an accelerated regeneration of lost periodontal tissue (gums, jaw bones and fine fibres).

Emdogain is applied after the surgical revision of the gum and bone pockets, and the gum is sutured. After a couple of weeks, formation of new tissue can be identified.

Straumann Emdogain has been documented in over 400 clinical publications for indications such as intrabony, furcation and recession defects.

With the new Emdogain 015 package, patients with smaller defects and patients subjected to bone grafting procedures can profit from faster wound healing, less pain and swelling due to the well documented effects of the proteins present in Straumann Emdogain.

Dentaurum Implants GmbH and Miele Professional have worked together to develop an innovative system solution for efficient and reproducible machine preparation. The heart of this development is the tioLogic© easyClean surgery tray, which enables consistent, outstanding machine cleaning and disinfection results in both dental practices and in centralized preparation centres in hospitals. This not only offers huge savings in time and costs but also significantly increased safety for users with the reproducible machine preparation results.

The combination of the innovative grid structure with special retaining clips fixes all rotary instruments and accessory components to hold them in position and to ensure that the instruments are completely cleaned with water and cleaning agent. All drills and accessory components can be replaced in the correct position in the tioLogic© easyClean tray as they are used in the implant procedure to remain in the correct order at all times throughout the operation.

SMP GmbH of Tübingen, an independent institute specialising among other things in the testing and validation of medical devices, was commissioned to test and validate the cleaning results. The tests were an impressive confirmation of the preparation results of the instruments and accessory components in the tioLogic© easyClean.

Since our beginnings, we have always been focused on quality and innovation toward the battle against cross - contamination and infections. In the last 20 years, we have ensured safety and protection to you and your patients, with advanced and reliable products. Tools that represent the ideal solution for who is operating in dentistry, implantology/oral surgery and general surgery. With Omnia sure to be safe.

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Dentaurum
Cleaning made easy: tioLogic© easyClean

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Since 2003, IMC Münster at Münster University has offered a master degree entitled "Master of Oral Medicine in Implantology". This Master Degree is internationally accredited by the "Akkreditierungsrat" in accordance with the "Bologna Criteria". The course consists of a web-based part on the one hand and a high amount of practical training on the other.

As the oldest professional non-profit association in implantology, the German Association of Dental Implantology (Deutsche Gesellschaft für Zahnärztliche Implantologie, DGZI) focuses its activities on the continuing education and training of dentists practicing in the field of implantology. The objective of these activities is the improvement of both quality and quality assurance as well as the safety of therapies in the interest of patients. Furthermore, they aim at providing factual information on existing therapeutic possibilities of implant-based tooth replacement.

DGZI curriculum graduates can now enroll in the 5th "Master of Oral Medicine in Implantology" course offered at special conditions and in English at Münster University since 2004. The international course is based on a cooperation agreement between DGZI/GBOI (German Board of Oral Implantology) and IMC Münster University, Germany. It is designed as an in-service training for practicing dentists and offers continuing practical, university-level education.

Within the field of dentistry, implantology has increasingly emerged as an area of specialization in its own right. The goal of the post-graduate university training course "Master of Oral Medicine in Implantology" for dentists is to provide students with in-depth, application-oriented scientific knowledge and practical skills in the areas of oral surgery and implantology. Its focus is placed on indication, planning, symptoms and surgery, as well as post-operative care, its association with prosthetics, as well as general diseases and other individual disciplines in dental and oral diseases and maxillofacial surgery. The course particularly aims at the connection between theory and practice in the area of invasive surgical procedures. Students will be able to offer state-of-the-art oral surgery and implantology, consistent with forensic ethical standards.

The continuing education provided by the DGZI curriculum is recognized by a reduction of the tuition fee for the "Master of Oral Medicine in Implantology" course by almost one third of the total costs. The master course will have a duration of 24 months for DGZI curriculum graduates.

All conditions outlined in the official examination regulations of Münster University regarding the "Master of Oral Medicine in Implantology" must be fulfilled. This means that written examinations and case documentation must be completed. Case documentation takes place under supervision by DGZI/GBOI and includes the corresponding specifications of indication and documentation regulations (master thesis, defense and expert discussion). A professor serves as mentor for writing the master thesis.

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In 1952, Per-Ingvar Brånemark discovered the principles of osseointegration in Sweden. Thirty years later, in 1982, the discovery was acknowledged and his subsequent findings were confirmed at an epoch-making meeting of dental authorities organized by George Zarb in Canada.

Yet another thirty years have now passed, and Nobel Biocare is celebrating both these 30- and 60-years anniversaries in Sweden, Canada, and four other locations.

Starting the year-long celebration in the hometown of osseointegration—Brånemark’s Gothenburg—Nobel Biocare brought together some of the best-known names in the field on March 21–23. The event began with a surprise entrance from Brånemark himself who delivered advice and thoughts for the future.

Ulf Lekholm then led experts from Scandinavia and the far corners of the world as they exchanged ideas and discussed promising areas for further exploration at this meeting.

Pioneers from the heady days of the Toronto Conference of 1982, such as George Zarb and Ragnar Adell, were honored and other speakers reminded participants of how far Per-Ingvar Brånemark, Nobel Biocare and their band of supporters have brought osseointegration since those days of breakthrough 30 and 60 years ago.

The programs of all five of the remaining Nobel Biocare Symposia 2012 celebrate the origins and evolution of osseointegration as a practical and trusted treatment modality over the last six decades. Each program will also include lectures on recent advances in treatment, presented from surgical, prosthetic and laboratory perspectives.

Speakers will look towards the future as well, presenting current trends and possible future developments for bone-anchored restorative dentistry. Under the common theme “Celebrating 60 years of osseointegration and 30 years of international acknowledgement” meetings will be held in Rimini, Italy (October 19–20), with the final symposium planned for Toronto, Canada (October 19–20) where the international breakthrough for osseointegration first took place.
One topic, but many facets—the Osteology Symposium “Soft Tissue Special” on 24 March in Bonn encompassed a broad range of subjects from biological fundamentals to clinical practice.

It was the first time for an Osteology Symposium to be dealing solely with one issue. “Soft tissue management has become more and more important in the recent years, not only for periodontists” explained Prof Søren Jepsen, Bonn, who chaired the conference together with Prof Wilfried Wagner, Mainz. With conferences on the oral tissue regeneration having been dominated by techniques for guided bone regeneration for a long time, now the soft tissue management is taking the spotlight. Prof Wagner explained the awakening interest: “There are some attractive new biomaterials that could replace autologous soft tissue grafts for indications such as recession coverage, vestibuloplasty or gain of keratinized tissue. So, with the ‘Osteology Soft Tissue Special’ we wanted to provide a comprehensive overview on where we stand today on the soft tissue management and where we are heading.”

Main questions during the lectures were: Which grafts lead to good results in which indications? What are the opportunities and limitations of biomaterials as compared to free gingival grafts and connective tissue grafts, respectively?

Differences between gingival and peri-implant mucosa

350 attendees joined the one-day symposium which took place in the former Federal German Bundestag in Bonn. The programme began with a lecture from the world-famous periodontist Prof Jan Lindhe. He described the key differences between the normal gingiva and the peri-implant mucosa. One important difference is the loss of collagen fibres in the mucosa due to tooth extraction and the ensuing resorption of bundle bone: In the peri-implant mucosa, the quantity of blood vessels and fibroblasts is lower, whereas the amount of collagen is higher. Thus, in many respects, the peri-implant mucosa resembles scar tissue.

Biomaterials versus autologous grafts

Clinical applications followed the biological fundamentals. Firstly, Dr Markus Schlee, Forchheim, and Prof Anton Sculean, Bern, presented new data on the recession coverage. While Dr Schlee focused on single-recession coverage with the coronally advanced flap (modified Zucchelli technique), Prof Sculean demonstrated an advanced technique for coverage of multiple recessions, the modified tunnel technique. Both speakers had conducted their
own studies in which they compared autologous grafts with biomaterials such as the porcine collagen matrix Geistlich Mucograft®. The matrix is not cross-linked and consists of type-one and type-three collagen. It has a bilayer structure, with the compact structure providing protection, allowing its usage in both closed and open integrative healing processes. The spongy structure stabilises the blood clot and facilitates the ingrowth of cells and sprouting of blood vessels.

The data Dr Schlee and Prof Sculean presented show that autologous grafts and the collagen matrix yield comparable results. Although the autologous grafts are the gold standard for recession coverage, the advantages of the tissue substitute material are obvious: patients profit from reduced pain and swelling because none of their own tissue needs to be removed and the operation time is drastically diminished.

Other speakers also compared autologous grafts to tissue substitute materials—for indications like thickening of keratinized tissue, ridge preservation and vestibuloplasty.

_Plenty of room for practical training_

In soft tissue management, therapeutic success strongly depends on the practitioner’s expertise. Thus it is important for him or her to know the material well and to practice the application correctly.

The speakers pointed out that the collagen matrix should best be used in a dry state and should be sutured carefully, if at all. Four workshops and an interactive forum in the afternoon offered plenty of room for training, discussions and experiences with new techniques and materials. At the very site of earlier political discussions, there were now heated debates on the importance of “morphotype” in the choice of therapy and optimal peri-implantitis treatment. There was, however, an agreement when it came to assessing the symposium: it was a real inspiration for everyday practice.

The next International Osteology Symposium will take place from May 2–4 in Monaco—save the date!
“Getting to know current practical and, more importantly, practicable ways of long-term success in implantology, that's what this year's international annual DGZI Congress is about”, Dr Georg Bach, chair of the board of DGZI (German Society for Dental Implantology) summarizes the congress' motto 'Quality-oriented implantology—ways to long-term success.' "Just like in the previous years, we expect up to 500 participants from more than ten countries worldwide", he adds.

To fulfil its motto, DGZI, Europe's oldest scientific society for implantology, has assembled an extensive program for dentists and their practice team on 5 and 6 October in Hamburg.

"We have been able to acquire renowned international speakers, covering topics such as soft-tissue and bone management and digital implantology by means of concepts from implant prosthetics", Dr Roland Hille (Viersen, Germany), vice president of DGZI and scientific coordinator of the congress, informs. "Exchange of information with colleagues and practical advice are of particular importance to the DGZI", he continues.

Participants of previous congresses already know that international speakers inspire the audience with their detailed knowledge on the first congress day. They are also ready to answer any questions posed by their audience. The organisers also offer simultaneous translation during the international panel discussion. The second congress day is going to be equally exiting when Prof Dr Adnrea Mombelli (Genève University, Switzerland), Prof Dr Anton Sculean (Bern University, Switzerland) and Prof Dr Herbert Deppe (Munich University, Germany) face questions during the special podium and debate on Saturday.

"With periimplantitis, we focus on one of the most significant topics with regard to the long-term success of dental implants", Dr Hille is convinced. Furthermore,
Early birds will be rewarded if they arrive at the Hanseatic city already on Friday morning, since this is the time when "combined theoretical and demonstrational courses will be held and various topics are discussed. Moreover, we recommend visiting the dental trade fair, which presents more than 80 exhibitors, to gain direct information on products and their application or participate in one of the ten company workshops offered."

Lecturer Dr Gregor Petersilka (Würzburg, Germany) will present the state of the art of diagnosis, prognosis as well as surgical and non-surgical periodontitis therapy for implantological assistants in his compact seminar "Practical Periodontology" on Friday morning. "By noon, the practice team will have problems to decide which panel to attend", Dr Hille comments.

While the "Mainpodium" is held to discuss expert information for qualified dental employees (prophylaxis, caries, mucosa change, oral cancer prevention, periimplantitis, among others), the GOZ seminar presents the "most important changes in the GOZ (German Scale of Fees for Dentists) paragraphs, the handling of new forms and the realization of GOZ-factors including the relevant explanation", Dr Hille explains.

Saturday will be dedicated to a seminar on the profession of sanitation commissioner as well as a seminar about the "Vocational training as a quality management official". A multiple choice test will be held to measure the success in learning.

For more information, please download the programme as well as the registration form via www.DGZI.de. "DGZI also welcomes attendees on short notice who can register for the DGZI Annual Congress directly at Elysee Hotel Hamburg", Dr Bach adds.
9.00 – 10.30 a.m.  1st PART WORKSHOPS

1.1  Dr. Daniel Ferrari, M.Sc./DE  
Basics of internal and external sinus lifting using short porous and/or screw implants of the latest generation with identical interior connection (incl. hands-on course)—Part 1

1.2  Dr. Mazen Tamimi/JO  
Impla—Modern Implants & 3-D Implantology (Workshop in English)

1.3  Dr. Marc Hansen/DE I Dr. Harald Hüskens/DE  
The narrow jaw: Update ultrasonic surgery and diameter reduced implants in the aesthetic zone. Theory and practical training using artificial plastic jaws

1.4  Dr. Urs Brodbeck/CH I Dipl.-Ing. Holger Zipprich/DE  
Biodenta—implants, prosthetic solutions and intraoral scanning device (incl. hands-on course)

1.5  Study group meeting DGZI

10.30 – 11.00 a.m. Break/Visit of the Dental Exhibition

11.00 a.m. – 12.30 p.m.  2nd PART WORKSHOPS

2.1  Dr. Daniel Ferrari, M.Sc./DE  
Basics of internal and external sinus lifting using short porous and/or screw implants of the latest generation with identical interior connection (incl. hands-on course)—Part 2

2.2  Prof. Dr. Dr. Knut A. Grötz/DE  
Complex situations in dental implantology—update augmentation measures

2.3  Prof. Dr. Dr. George Khoury/DE  
Soft tissue management and tuning using cross-linked hyaluronic acid (HA)

2.4  Dr. Mario Kirste/DE  
Socket preservation—the ultimate reference for the successful aesthetic implantation

2.5  Dr. Harald Hüskens/DE  
Soft tissue from the blister—future or already reality? MucoMatrixX—A new era of soft tissue augmentation

12.30 – 1.00 p.m  Break/Visit of the Dental Exhibition

1.45 – 2.15 p.m  Prof. Dr. Thomas Weischer/DE  
Long term implant success in tumor patients—is this really possible?

2.15 – 2.45 p.m  Prof. Dr. Werner Götz/DE  
Dr. Rolf Vollmer/DE  
Heat development during implant site preparation—comparing steel and ceramic twist drills in D1/D2 bone

2.45 – 3.15 p.m  Prof. Dr. Dr. Albert Mehli/CH  
Opportunities of CAD/CAM in implant prosthetics

3.15 – 3.35 p.m  Dr. Daniel Ferrari, M.Sc./DE  
Minimizing the patient’s stress by a specific op management

3.35 – 3.45 p.m  Discussion

3.45 – 4.45 p.m  Break/Visit of the Dental Exhibition

INTERNATIONAL PODIUM//4.15 – 6.30 p.m.  
Simultaneous translation German/English, English/German  
Chairmen: Prof. Dr. Amr Abdel Azim/EG, Dr. Mazen Tamimi/JO, Dr. Rolf Vollmer/DE

4.15 – 4.30 p.m  Mohamed Moataz M. Khamis B.D.S., M.S., Ph.D./EG  
Achieving outstanding results with all ceramic CAD/CAM restorations together with dental laser

4.30 – 4.45 p.m  Prof. Dr. Suheil Boutros/US  
Trabecular Metal Technology from Orthopedics to Dental Implantology—Early Results of Human Dental Implant Cases

4.45 – 5.15 p.m  Dr. Sami Jade/LB  
Bleeding risk following implant surgery in the mandibular symphysis

5.15 – 5.30 p.m  Prof. Dr. Shoji Hayashi/JP  
Clinical evidence and current future implant concepts in Yokohama clinic of Kanagawa Dental College

5.30 – 5.45 p.m  Dr. Osamu Yamashita/JP  
Oral infection control for implantology

5.45 – 6.00 p.m  Dr. Tomohiro Eraki/JP  
Immediate implant placement on anterior and premolar upper teeth using CT scanning

6.00 – 6.15 p.m  Dr. Ramsy Fahmy Rezkallah/EG  
Seeing in to the future—External deception versus internal facts: Cone beam computed tomography revealing the reality

6.15 – 6.30 p.m  Discussion

PROSTHETICS PODIUM//4.15 – 6.30 p.m.  
Chairmen: Prof. Dr. Peter Rammelsberg/DE, ZTM Christian Müller/DE  
For further information on the podiums please refer to www.dgzi-jahreskongress.de

5.00 – 5.15 p.m  Rolf Vollmer/DE  
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8.00 p.m.  Evening Event at „AU QUAI“ Port Hamburg on the river Elbe with live music
I hereby register the following persons for the 42nd International Annual Congress of the DGZI from October 5-6, 2012 in Hamburg, Germany (Please fill out/check as appropriate):

NOTE: Please note, that you can only participate in one workshop in each part. Please mark your choice.

- Workshop 1
  - yes
  - no
- Workshop 2
  - yes
  - no

Title, Surname, Name, Job Title, DGZI-Member, Profidammen, Title (please add)

Evening Event: ___ (Please insert no. of persons)

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I hereby accept the terms and conditions of the 42nd International Annual Congress of the DGZI.
Russian healthcare system

Improving but in need of investments

According to a new Espicom market research report, Understanding Russia’s Regional Health Markets, the progress in improvement in Russia’s health system is slow. Urban areas, particularly Moscow are of a high quality, but provision in rural areas remains poor.

Funding is at the heart of Russia’s health improvement plans, and at the beginning of 2011 obligatory medical services is a challenge.

Russia is the largest country in the world, with a land area of over 17 million square kilometres, encompassing eleven time zones. It has an estimated population of 142.9 million. Delivering universal high quality health services is a challenge.

For further information on the report please visit www.espicom.com/rmpr.

Tomorrow’s dentures

Resemble Shark teeth

Researchers at the German University of Duisburg-Essen and the Max Planck Institute for Iron Research in Düsseldorf examined the teeth of two different sharks, the shortfin mako and the tiger shark, in terms of their structure, composition and mechanical properties. The teeth of both sharks were found to have a similar crystalline composition. According to the researchers, the interior of shark teeth contains dentine, a softer material also found in human teeth, while the enamel exterior is highly mineralised. Shark teeth contain fluorapatite, a very hard mineral, which could lead to the conclusion that they are harder than human teeth, which contain hydroxyapatite, a softer mineral, according to Dr Matthias Epple, Professor of Inorganic Chemistry at the university.

However, comparative analyses revealed that the hardness of shark teeth and human teeth was comparable, both for dentine and enamel. “This is mainly due to the micro- and nano-structures of our teeth, in which crystals are highly ordered in a special topological orientation,” said Epple. The scientists are now continuing their research on other shark species. They are hoping to recreate their dental structures for the production of dentures in the future. The study was published in the June issue of the Journal of Structural Biology.

Healing after implant placement

Stimulated by Biomaterials

Italian Researchers have found that blood platelet biomaterial significantly improves the healing process after placement of dental implants. In a case study, they observed beneficial short- and long-term results after the replacement of a fractured central incisor. In the article, they present a new approach to improving the outcome of anterior implants by using blood platelet concentrates. The paper reports on a case study of a 45-year-old female patient who had fractured an incisor in a sport-related accident. In an Italian private practice, the broken tooth was extracted and an implant inserted. In addition, a biomaterial of leukocyte- and platelet-rich fibrin (L-PRF) was used.

The scientists observed positive healing of the tissue two days after surgery. They found that the material acts as a bio-membrane that protects the implant from the oral environment. It appears to stimulate the growth of cells and to accelerate gingival healing and maturation. After seven days, they found that the gingival aesthetic profile was well defined. At six months, they reported a satisfactory final result that was still stable and aesthetic after two years. According to the researchers, L-PRF is simple, inexpensive and easy to prepare in only 15 minutes. Thus, it suits the practical needs of daily implant dentistry, in particular. Moreover, it is free of additives, such as anticoagulant, a substance that prevents the clotting of blood, or chemicals for activation, they said.

The project was conducted by researchers at the University of Geneva’s School of Dental Medicine, the State University of New York at Buffalo’s Department of Restorative Dentistry and the Chonnam National University’s School of Dentistry in Gwangju, South Korea, in collaboration with two practitioners in Italy and Israel. The study was published in the April issue of the Journal of Oral Implantology.
Anaesthesia varies in Orthognathic surgery and recovery

Orthognathic surgery, affecting the jaws and face, requires a balancing act in anaesthetic technique. Limiting blood loss, avoiding respiratory depression, and averting postoperative nausea and vomiting lead to optimum patient outcomes. The use of the drugs propofol and remifentanil are increasing because they can meet these needs; however, patients may subsequently experience more postoperative pain.

The journal Anesthesia Progress presents a retrospective study of 51 patients in a single medical centre. The 21 orthognathic maxillofacial surgery patients in the group receiving intravenous propofol and remifentanil experienced significantly higher pain scores. Anaesthesia for the 30 patients in the comparison group was maintained with inhalational agents and longer-acting opioids.

The drug remifentanil is seeing increased use in orthognathic surgery because its short half-life can facilitate stable operating conditions while avoiding the undesirable postoperative consequences of morphine and other such agents. There is still a need for pain control in the postoperative period using longer-acting opioids that carry a greater potential for adverse effects.

The study was undertaken to ensure that achieving better intraoperative conditions did not come at the expense of patients' recovery. Variables of comparison included recovery time, occurrence of nausea and vomiting, pain scores, heart rate, and opioid dose administered in the four hours following surgery.

There was a trend toward shorter recovery times in the group receiving propofol and remifentanil. The median recovery time was 65 minutes for this group and 93 minutes for the inhalation group. However, the first group reported higher pain scores in the first four hours following surgery. No differences were found in early postoperative opioid use, heart rate, or nausea and vomiting.

With maxillofacial surgery, postoperative respiratory and gastrointestinal complications can be dangerous. While turning to drugs that can reduce these risks leads to better surgical experiences, it may also mean increased postoperative pain for patients. This study takes a first look at this occurrence and may be the stimulus for future controlled studies.


Conical internal connections

Fuel growth in dental implant market

The dental implant and bone graft substitute market is the most rapidly advancing segment of dental technology, and leading competitors in this market must consistently develop new products supported by research from scientific and academic organizations to remain competitive. Recent cases have demonstrated that when companies lose a segment of support from the scientific community, their market shares tend to suffer significantly.

The European dental implant and bone graft substitute market has been further challenged by recent economic instability and the Eurozone crisis, which has created a consistent demand for lower-cost dental implant products. As a result, many lower-priced competitors have begun to seize larger market shares in almost every European market. In many segments, these competitors are either regional or sourced from overseas markets such as Brazil, Korea and Israel.

Regenerative products and barrier membranes have been particularly affected by consumer austerity, as these products are discretionary in many cases.

However, a growing number of consumers continue to demand high-quality products, guarantees of service and scientific improvements, which only premium manufacturers are equipped to offer. Conical internal connections is one such recent innovation, and currently constitute the fastest-growing connection type in the dental implant industry.

Many dental implant and bone graft substitute companies have looked to expand their product portfolio or create new markets while they create package deals to offset competition from rapidly emerging lower-priced competitors. Significantly, many European and US companies involved in this market have begun to invest in rapidly emerging periphery markets such as Turkey. For more information and a free synopsis of the report, please contact iData Research at dental@idataresearch.net.

Back pain

Stopped by Basel Cap for Dentists

A German company has developed a baseball cap aimed at helping dentists prevent back pain. Dentists usually work in a bent position, which affects the back negatively. The cap, inspired by the African tradition of carrying weight on the head (tallabé), has an integrated ergonomic weight inlay and can be worn standing up or sitting down.

According to the manufacturer, the effect of the tallabé is immediately evident. The muscles of the body begin to coordinate, and the body is encouraged to adopt an upright and relaxed posture.
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Price based upon EU list prices as of February 2012. All trademarks are property of their respective companies.

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